WHAT IT CAN BE BASED ON

Bullying can happen because of things that make someone who they are. This could include:

- *Their skin colour, race or background.*
- *Their religion or beliefs.*
- *Their culture or family background.*
- *Whether they are a boy or a girl.*
- *Who they love or are attracted to.*
- *Their gender identity.*
- *Having a disability or special educational needs.*
- *The way they look or a health condition.*
- *Their family or home circumstances.*
- *Anything else that makes them different from others.*

Everyone is unique and deserves to be treated with kindness, fairness and respect. Being different is something to celebrate!

ChildLine 0800 1111

WHO TO TELL

Can you name five of your trusted adults?



Remember to keep speaking out until things get better.

OUR ANTI-BULLYING TEAM

There are lots of people to help you at our school. Our Anti-bullying team's aim is to make sure everyone is safe and happy at our school.

<u>These include:</u>

Miss McKinney
Miss Cherrett
Miss Walker
Mrs Robson
Lucy Lavelle

Richard Avenue Primary School

ANTI-BULLYING POLICY FOR CHILDREN



OUR AIMS

At Richard Avenue Primary School, we want our school to be a happy, friendly and safe place where everyone feels comfortable and ready to learn. Everyone has the right to be themselves and feel accepted. We treat everyone fairly, celebrate our differences and show kindness and respect to one another.



At RAPS, bullying is never okay and will not be accepted. We want everyone to feel safe, happy and cared for. Looking after each other and making sure everyone feels safe and included is very important to us.

WHAT IS BULLYING?

Bullying is when someone deliberately hurts or upsets another person again and again. It can be done by one person or a group.



TYPES OF BULLYING

Physical: Hitting, kicking, pushing or hurting someone.

Damaging belongings: Stealing, hiding or damaging someone's things.

Verbal: Name-calling, teasing, spreading rumours or using hurtful words.

Emotional: Deliberately leaving someone out, ignoring them or making them feel upset.

Online: Sending nasty messages or posting unkind comments or pictures online.

WHAT TO DO?

If I am being bullied:

1. Stay calm.
2. Walk away to somewhere safe.
3. Tell a trusted adult.
4. Keep telling if it doesn't stop.
5. Remember you have the right to be happy and safe.

If I see someone else being bullied:

1. Be kind and include them.
2. Don't join in – never laugh or encourage bullying.
3. Get help by telling an adult.

NO BYSTANDERS

At the beginning of each year, each class will sign an agreement to promise that they will never be a bystander to bullying. It is everyone's responsibility to speak out against bullying. Remember: Be brave, be kind and speak up!

