



RICHARD AVENUE PRIMARY SCHOOL OPEN DAY



Join us for a fun-filled and educational experience at our school open day. Meet our dedicated staff, explore our state-of-the-art facilities, and get a glimpse of the exciting curriculum we offer.



DATE : MONDAY 12TH OCTOBER 2026



TIME : 9:15 AM – 3:10 PM



LOCATION : SCHOOL GROUNDS

To book your place, please call our school office using this telephone number: 0191 500 7990

Your child's brighter future!

Don't miss this chance to be a part of our school community

CLAIRE MCKINNEY – HEAD TEACHER





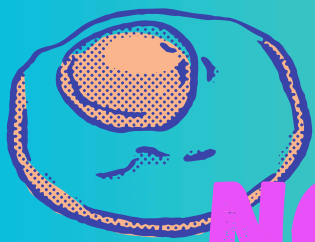
Friday Flyer

THIS WEEK

Week 2

Join us for our
government funded

Breakfast



NO BOOKING

REQUIRED!

If you would like your
child to join us, they
must arrive between
8.25 and 8.40am,
coming into school
via the small
gate...children from
rec - Y6 welcome!



Available everyday:
weetabix, cornflakes or
rice krispies and toast
with butter or butter and
jam.

Daily hot options:
Monday: beans on toast
Tuesday: crumpets
**Wednesday: omelette
with hash browns**
Thursday: beans on toast
**Friday: omelette with
hash browns**



Weekly Update

RAPS daycare: Breakfast Club from
7.45am-8:45am & After School Club from
3:30pm-5:15pm

Monday 14 Sept

Forest School for Y6

RAPS PE kit to be worn to school
by Y1 & Y4

Tuesday 15 Sept

RAPS PE kit to be worn to school
by Y2
Swimming for 4W

Wednesday 16 Sept

RAPS PE kit to be worn to school
by Yr 3
Swimming for 5H

Thursday 17 Sept

RAPS PE kit to be worn to school
by Y6

Friday 18 Sept

RAPS PE kit to be worn to school
by Y5
Swimming for 3B
Swimming for 6O
Great Engineers Challenge for Y5

Future dates for your diary

Monday 12 October

Open Day for new families

Thursday 15 October

Y5's assembly for families

A message from our Head Teacher

Dear Richard Avenue Families,

We have well and truly settled into the new school year this week and there has been a wonderful buzz in classrooms. Our reception children have reached the end of their staggered start and have enjoyed two full days in school. We could not be prouder of how well this has gone. They are such a credit to families and we look forward to playing our part in their journeys.

We look forward to a wonderful year of fabulous experiences for our children, both in and out of school which we know everyone enjoys and truly benefits from. It's been a busy week as ever, and we've no doubt children (and adults!) will sleep well this evening! Enjoy the weekend.

With very best wishes,

Claire McKinney

Miss McKinney and all of the staff at Richard Avenue Primary School

In this week's assemblies... As we embark on a new academic year we have been thinking about fresh starts and things we would like to achieve. We have all thought of new targets for the year ahead and how hard we need to work to achieve them- ask us about them at home. We have talked about our RAPS's values and thought about how they will help us become great learners and even better people. Do you know all of our RAP's values? Manners, Positivity, Friendship, Being a Good Citizen, Resilience, Being Thoughtful and Teamwork!

At the start of the day. A gentle reminder that both school gates on Richard Avenue will be locked at 9am after which staff on duty will come back into school. If you see staff dashing back in, please don't think they are ignoring you. They have assemblies to lead at 9am or lessons are beginning, and so they need to be back in school for these. As a final reminder, if you do arrive after 9am, please come into school through the main entrance.

ATTENTION

Superstars of sport at Richard Avenue. We are absolutely thrilled to announce that once again we have been awarded two trophies as a result of the wonderful sports provision at our school. The retention of the **GOLD Active Sunderland Award alongside the **School Games GOLD Award** celebrate our commitment to PE and school sports with the biggest thanks to our wonderful **Mr Spoors** for all he also does to ensure our children are challenged and inspired to be the very best and the very busiest they can be, not forgetting our full staff team and the children. We are delighted with the award which will be presented to us by staff from the School Games Partnership very soon**

#RAPStopteam

Earrings. A gentle start of the school year reminder that earrings must not be worn in school, this includes transparent spacers. Thank you for your support with this.

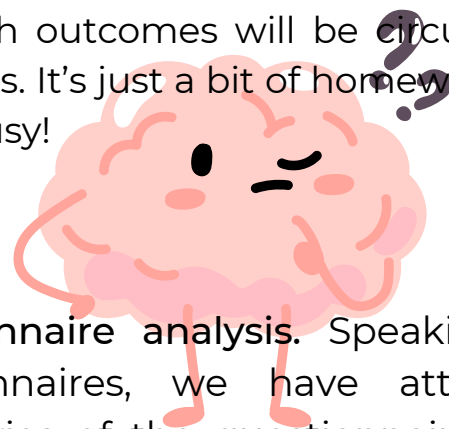
Year 7 secondary school admissions. The online admissions portal for secondary schools opened this weekend will close on **31 October 2026**. This is for Year 6 in primary schools born between **1 September 2015 and 31 August 2016**, applying for a Year 7 secondary school place in **September 2027**. Allocations day is **1 March 2027**. The **Admissions Handbook** and full guidance on how to apply can be found on **Sunderland County Council's website:** www.sunderland.gov.uk/schools-admissions-secondary

Clubs update. Letters informing parents of their child's allocated after school clubs should have arrived home with details of days and staff running clubs. All clubs will begin next week, from **Monday 21st September 2026**. Please complete code of conduct forms and return to Mr Old before clubs begin. Parents should collect their children from the school yard when our clubs end at 4.30pm. Thank you.

Visits. We are already thinking about educational visits for the year ahead. If you could possibly be a parent helper with class trips, could you please let us know by sending a Seesaw message to your child's class teacher? Thank you as always for your help and support.



Nursery and Reception parents will be asked to complete a short questionnaire in the coming weeks, regarding the arrangements for this year's new starters. In time, your views will be collated, and full analysis with outcomes will be circulated to all parents. It's just a bit of homework to keep you busy!



Questionnaire analysis. Speaking of questionnaires, we have attached summaries of the questionnaires we asked for your help with before the summer break. If you have some time over the weekend, please do take a look and speak to either myself or another member of staff if there is anything we have overlooked. The feedback has been very positive and, as with everything we do, we are constantly striving to improve. Many thanks for your time and support, it is really appreciated.

Universal Free Meals. The universal free school meals initiative continues this year. All pupils in Reception, Y1 and Y2 will receive a fully funded hot, nutritiously balanced meal each day, and we are again aiming for 100% take up, with all children enjoying and taking part in our family service. The benefits are far reaching in terms of health, behaviour and the development of social skills. *Please speak to the office team if this applies to you, and you've not yet taken up the offer.*



KARATE CLASS



Richard Avenue's Karate Club. Karate Kai with Gary started classes in 2005 at Richard Avenue. Gary is an affiliate member of NAKMAS national governing body. All blackbelts are DBS and NAKMAS registered. One of our senior instructors started as a 7 year student of Richard Avenue and has trained for over 18 years. *Classes run throughout the year... **You can improve your own or your children's fitness and confidence training in the style of Shotokan Karate.***

Classes are held in school each Thursday:

Year 3 and above (7+ years old) from 5.25pm until 6.25pm

Adults from 6.25pm until 7.25pm

Cost £3.50 per session

For more information see the Facebook page

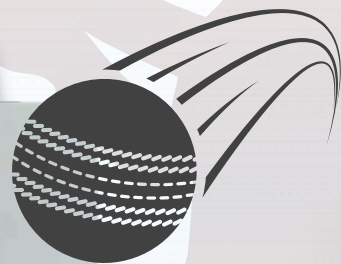
<https://www.facebook.com/share/1934RcaEpV/>

Email info@shotokan-karate.me.uk

All welcome!

SCHOOL PROGRAMME OF THE YEAR

As a new award for 2026, **School Programme of the Year** recognises the outstanding support, engagement and commitment schools have shown in embracing cricket and the opportunities we've been able to deliver together for their pupils. We at **Durham Cricket Foundation's Grassroots Programme** are delighted that **Richard Avenue Primary School** has been chosen as our first recipient ★★★★★



SCHOOL PROGRAMME OF THE YEAR RICHARD AVENUE PRIMARY SCHOOL

This is the second year we've had the pleasure of delivering our Whole School Programme at Richard Avenue Primary School, and it has been an absolute joy from start to finish.

The children are brilliant. They arrive at every session full of enthusiasm and eager to learn, regardless of their ability. Their willingness to listen, take part and challenge themselves creates a fantastic atmosphere, and it's clear they genuinely enjoy every opportunity to play cricket.

The support from the school staff is equally impressive. Teachers fully embrace the sessions, getting involved wherever they can and helping to encourage and engage the pupils throughout. That commitment comes from the top, with Headteacher Mrs McKinney's passion for cricket shining through the whole school. A keen follower of the County Championship, her enthusiasm for the game has filtered through the school, inspiring children and staff to embrace cricket with the same excitement.

Richard Avenue has also gone above and beyond by welcoming families into school for parent cricket sessions during their Intra Day for the second consecutive year. These sessions have been a huge success, bringing families together through cricket and celebrating the strong connection many parents already have with the game.

Richard Avenue doesn't just welcome our programmes – the school has embraced our sport wholeheartedly, creating an environment where cricket can truly flourish. The enthusiasm of the pupils, the commitment of the staff and the involvement of the wider school community make it a truly deserving first recipient of Durham Cricket Foundation's School Programme of the Year Award.



Richard Avenue
Primary School



DURHAM CRICKET
FOUNDATION

This is
WONDERFUL

YEAH US!

Attendance OF THE WEEK

Congratulations to **4S** who are first weekly top attenders of the new term with all of the children in school every day!

Weekly whole school attendance is **95.11%**.

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	92.3	3B	90.3
NURSERY AFT	95.4	3M	96.5
RCW	95.3	4S	100.00
RS	96.2	4W	99.697.5
1J	94.1	5C	97.5
1W	89.7	5H	94.7
2S	97.8	6G	98.1
2W	89.6	6O	93.7



Mental Health Webinars

For Parents/Carers

Introduction to Our Service	23 rd September 2026	6 - 6:30pm
Managing Worries and Anxieties	15 th October 2026	6 - 6:30pm
Managing Stress	23 rd November 2026	6 - 6:30pm
Children's Mental Health Week (theme TBA)	28 th January 2027	6 - 6:30pm
Managing Difficult Behaviours	23 rd February 2027	6 - 6:30pm
Exam Stress	24 th March 2027	6 - 6:30pm
Supporting Your Child to Talk About Their Feelings	26 th April 2027	6 - 6:30pm
Five Ways to Wellbeing	25 th May 2027	6 - 6:30pm
School Transitions	24 th June 2027	6 - 6:30pm
Anxious Returners	10 th August 2027	12-12:30pm
Anxious Returners (repeat)	26 th August 2027	6 - 6:30pm

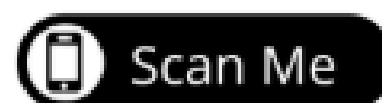
Join the webinars here by scanning the QR code or clicking the link below:

[Click here to join the meeting now](#)

Meeting ID: 380 800 268 987 181



Please note: For privacy and safeguarding reasons (in line with GDPR), we ask that parents/carers join as guests, keep microphones and cameras off, and do not use the chat function during the session.



Children and young people's mental health support in Sunderland

How are services doing?

Your chance to feedback!



Youthwatch
our voice counts
Sunderland

healthwatch
Sunderland

Local NHS want to hear what you think about children and young people's mental health services in Sunderland.

Whether you are a young person, a parent, carer or professional, this is your chance to have your say.

Visit: www.healthwatchesunderland.com

Or use the QR code:



SCAN ME

BACK TO SCHOOL

Online Safety Tips for Children

Wow, it's September already! The month when autumn officially starts and ... oh yeah, the beginning of a new school year. Every cloud has a silver lining though! Another term means new friends to make, different stuff to learn, fresh online trends to jump on and exciting new games to play on your phone, computer or console. We've compiled a list of our top tips to ensure that - whether you're going online to chat, research things or just have fun - you can do it safely.

Be cautious with your profile

Be careful not to give out too much info on your social media or gaming profiles. Details like your full name, address or school's name could all help strangers to actually find you offline. A trusted adult can help you make your profiles private - so only your family and actual friends can contact you.

Lock your devices

Taking your phone or tablet to school? Turn password protection on. It keeps your private info safe and stops anyone accessing your device without permission. Passwords should be memorable to you - but difficult for anyone else to guess. Get a trusted adult to write it down in case you forget it!

Be smart with screen time

Too much screen time, especially just before bed, can affect your quality of sleep. Losing sleep, or not sleeping well enough, messes with your concentration and energy levels. Try muting notifications so you don't get pinged late at night: you'll feel fresher and more focused the next day.

Know how to deal with bullies

Sadly there are people online who enjoy picking on other users. If you ever feel like you're being bullied online - by anyone, not just someone from school - talk to a trusted adult about it. Together, you can discuss possible steps, such as blocking or reporting the person who's targeting you.

Manage online relationships wisely

Most people in a relationship chat to their partner online. Just be mindful that once you send a pic or message (even if it's private), you no longer control who else might see it. Messaging someone you've never actually met - and who might not be who they say - is definitely best avoided.

React well to inappropriate content

When you're researching something online, there's always a chance of finding content that makes you feel uncomfortable or upset. If this happens, you can report it as inappropriate and (hopefully) get it taken down. Tell a trusted adult what happened: they'll help you decide what to do next.

Report offensive in-game chat

If you game online with your mates, you'll know things can get competitive and heated on the in-game chat. Playing against people you don't know (especially if they're older) raises the risk of offensive comments and even threats. Our advice? Find out how to block or mute those bad losers.

Learn to spot fake news

If you're looking into a topic for homework or a project, be careful not to get taken in by fake news: content that's deliberately created to mislead people. Check the story with credible sources, like the BBC or Sky News. Trust your instincts, too - if it seems too unbelievable to be true, it's probably fake.

Keep it 'real' with online friends

Everyone enjoys adding friends and followers on social media. It's important, though, that the people you interact with online really are your friends. If they're just random people you've connected with to increase your contacts, you don't know if they could be trolls or bullies (or worse).

