

Join us for **Breakfast** - **fast**



Available everyday:
weetabix, cornflakes or
rice krispies and toast
with butter or butter and
jam.

Daily hot options:
Monday: beans on toast
Tuesday: bacon or quorn
sandwich with ketchup
Wednesday: omelette with
hash browns
Thursday: bacon or quorn
pattie sandwich with
ketchup
Friday: omelette with hash
browns

**FIND A GOLDEN TICKET ON THE BACK OF YOUR PLATE OR BOWL
AND A SPECIAL PRIZE WILL BE YOURS – A NEW PRIZE EACH DAY!**

**Our new funded breakfast
relies on government funding
which will be set by the
number of children attending
school for breakfast everyday.**

**NEXT WEEK: Monday 10th -
Friday 14th November.**

**Please support us and
generate funding by bringing
your child to enjoy breakfast!**

**They don't have to eat breakfast, just attend and we
will receive funding.**

**Children must arrive between 8.25 and 8.40am,
coming into school via the small gate...children
from rec -Y6 welcome!**



**NO
BOOKING
NEEDED**





Richard Avenue
Primary School

www.richardavenue.co.uk
November

Friday Flyer

Welcome

BACK

TO

SCHOOL

Weekly Update

RAPS daycare: Breakfast Club from 7.45-8:45am & After School Club from 3:30pm-5:45pm

Monday 10 Nov

Poppies on sale today

Anti-bullying week - Odd Socks Day

RAPS PE kit to be worn to school by Yr 1 & Y5

Forest school for Y5

Decider Group with Healthy Heads for Yrs 5&6

Tuesday 11 Nov

Poppies on sale today

RAPS PE kit to be worn to school by Yr 2

Swimming for 5O

Wednesday 12 Nov

Children in Need merchandise on sale today

RAPS PE kit to be worn to school by Yrs 3&4

Parents evening for all families

Thursday 13 Nov

Children in Need merchandise on sale today

RAPS PE kit to be worn to school by Y6

Additional parents evening appointments for 4GO families

Friday 14 Nov

Children in Need merchandise on sale today

Children in Need

Swimming for 3M

Swimming for 4GO

Additional parents evening appointments for nursery families

Future date for your diary

THURSDAY 20TH NOVEMBER FROM 9:05-9:20AM:
YEAR 4'S ASSEMBLY FOR FAMILIES

A message from our Head Teacher

Dear Richard Avenue Families,

Welcome back to the second half of the autumn term which we know will be a very busy one as it takes us up to Christmas. We hope that you have all enjoyed a restful holiday. As ever, it's a busy newsletter with lots to tell you, and it's November - already!

We have enjoyed a full and busy week with lots of lovely work in all classes - although looking at next week, it's going to be even busier! We're also looking forward to seeing everyone in school for meet the teacher appointments. If you have not yet booked a time with your child's class teacher, could we please encourage you to do so. This is an important opportunity for us to talk to families and is very much valued by the team. **On a different subject, could we also please request children from 2S come onto the yard in the morning using the small gate and the steps? This is the closest access point for them. Thank you for your support.** On that note, have a lovely weekend.

With very best wishes,

Claire McKinney.

Miss McKinney and all of the staff at Richard Avenue Primary School

THIS WEEK'S ASSEMBLIES

In assemblies we have talked about valuing our differences as people and

how when we work together our

differences can make us amazing and

unique. We have also listened to the

story of the 'Gunpowder Plot' as it was

Guy Fawkes night on Wednesday.

Remember, remember the 5th of

November... We then thought about how

teamwork and difference played a part in

this story from history.

Assembly stars

RAPS assembly stars. Before half term we celebrated children displaying a

POSITIVE ATTITUDE

N: Zoya

R: Khadija and Afsheen

Y1: Hannah and Xavier

Y2: Eva and Shanvi

Y3: Maryam

Y4: Nigel and Faiha

Y5: Hafeezah and Amara

Y6: Arifa and Adrian

Well done everyone, you are all stars!

Our governing body

Coopted governors (from the community)

Mrs Val Forster – Chair of Governors

Councillor Fiona Tobin

Councillor Dr Lynne Dagg

Mr David Swift

Mr Alan Rinaldi – Vice Chair of Governors

Mrs Lucy Lavelle



Local Authority governor

Councillor Ehtesham Haque

Staff governors

Miss Rebecca Cherrett

Miss Claire McKinney

Parent governors

Mrs Rima Ali

Mr Mohammad Zahidul

Mrs Syeda Khaled

Mrs Ameenat Omotayo Adefenwa

We warmly welcome new parent governor, Mrs Ameenat Omotayo Adefenwa, to our governing body team. Ameenat is mother to 2S's Ayoyemi, and joins our committed and caring team. Whilst welcoming Ameenat, we also thank the two unsuccessful parents who supported our school by putting themselves forward for election. We are so grateful to be supported to so many fabulous families. We look forward to working with Ameenat and welcome her once again to the RAPS team!





COFFEE MORNING MACMILLAN CANCER SUPPORT AT RICHARD AVENUE

On Friday 24th October 2025, our school hosted a Macmillan Coffee Morning in support of Macmillan Cancer Support, a charity that provides vital care and assistance to people living with cancer. The event took place in the school hall, and was attended by pupils, parents, staff, and members of our local community.

Thanks to the generosity of everyone involved, the school raised an impressive £500 for Macmillan Cancer Support. Every penny will go towards helping the charity provide essential services for people affected by cancer.



Poppy Appeal Merchandise

Poppies and Poppy Appeal merchandise will still be on sale next Monday and Tuesday at playtimes. If you are able to support this appeal and purchase some items please send your child into school with their donation in a named envelope and purse. Thank you!



Snap bands £1.50



Poppy reflectors £1.50



Poppies 50p



Zip pulls 50p



ANTI-BULLYING WEEK 2025

**POWER
FOR
GOOD**
#ANTIBULLYINGWEEK

Monday 10th to
Friday 14th November

**ODD SOCKS
DAY 2025**
Monday 10th November

#OddSocksDay

#PowerForGood



Anti-Bullying Week 2025 takes place
next week - between **Monday 10th -
Friday 14th November**, focussing on the
theme: Power for Good.

**The week begins with Odd Socks Day on
Monday 10th November**, with adults and
children being encouraged to wear odd
socks to celebrate what makes us all
unique.

**The Year 6 PSHE and Wellbeing
ambassadors have been working hard to
support Miss Cherrett in organising this
year's anti-bullying week. In school, we
will be taking part in lessons and
activities all focussed on this year's
important theme.**

MONDAY 10TH NOVEMBER



Dear Parents/Carers

**WOOHOO... MONDAY
10TH NOVEMBER IS ODD
SOCKS DAY!**

WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 10th November. Andy Day (CBeebies/CBBC) and his band Andy and the Odd Socks are partnering with the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, 'Power for Good'.

WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message that we should all be allowed to be ourselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.



**MONDAY
10TH NOVEMBER**



MONDAY 10TH NOVEMBER





at Richard Avenue Primary!

Children In Need Day Friday 14th November

Come to school in your own clothes or something
yellow and spotty for **£1!**
You can even paint your face!

Each year group will be challenging themselves to a
different task... either doing something 25 times, or
completing something in 25 minutes!

Pudsey wristbands will be on sale in school for £1
from Wednesday 12th November. Pudsey ears and
badges can be bought from Greggs.



Richard Avenue
Primary School

Safeguarding

Safeguarding is taken very seriously, we work together as a team to support pupils and ensure they feel safe and are safe.

This is our safeguarding team. If you have any concern, anything at all, please speak to one of us. At Richard Avenue, Safeguarding is our highest priority.

Our Safeguarding Team



Miss McKinney
Safeguarding Lead



Mrs Waller
Safeguarding Deputy



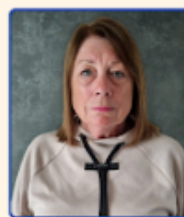
Miss Walker
Safeguarding Deputy



Mrs Robson
*Safeguarding Deputy
& SEN*



Miss Higgins
Safeguarding Deputy



Mrs Forster
Safeguarding Governor

Mr Taylor	/ Premises / Health & Safety
Mr Warkman	/ Offsite Visits
Mrs Grainger	/ SMSC
Mr Williams	/ PSHE
Miss Cherrett	/ PSHE
Miss Donneky	/ Premises / GDPR / Recruitment
Mr Bolton	/ Online Safety
Mrs Johnson	/ British values

We take safeguarding very seriously. For concerns:
contact@richardavenue.co.uk

Safeguarding & wellbeing

Our school is proud to be part of Operation Encompass, a national initiative that supports children who may have been affected by domestic abuse. This partnership between schools and local police ensures that, when police attend a domestic incident where a child is present or linked, the school is informed before the start of the next school day. This allows us to provide appropriate care, understanding, and support for the child as soon as possible, helping to ensure their emotional wellbeing and ability to learn are prioritised. All information is shared confidentially and handled sensitively by our trained safeguarding staff.



We are an Operation
Encompass School

For further information, please come and see us.



Richard Avenue
Primary School



Wintry weather. If we are unlucky enough to see heavy snow this winter, all efforts will be made to keep our school open. In the unlikely event of closure, an announcement will be made in the following places:

1. To your mobile phone (if you are listed on this service; time to call in to speak with Mrs Begum or Mrs Johnson if you're not)
2. On Seesaw
3. On the school's website: richardavenue.co.uk
4. On all local radio stations and on Sunderland County Council's website.

If school is open, please wrap your child up in appropriate clothing **sending spare socks or tights and gloves** if you can. We always like to play out in the snow but we know how quickly the children get very wet! That's enough of the 'cold weather feel' for now. What is it they say about better to be safe...

Y4's class assembly for parents. Please come into school via the main entrance. The assembly will begin shortly after **9am Thursday 20th November and last for approx. 20 mins.** Y4 families very welcome!

WELCOME

Traffic officers from City of Sunderland visited during this morning's very busy drop-off period. They spoke to several families about dangerous and unsafe parking. **Please be reassured this was a scheduled visit and not as a consequence of anything else.** We were delighted to see them, and look forward to next week's return visit - be aware everyone, and please make safe parking choices.

**BOOK
AN
APPOINTMENT**

Meet the teacher appointments: Weds 12, Thurs 13 and Fri 14 November. A reminder that it's parent and teacher appointments next week, an important opportunity to speak to your child's class teacher. In time for your appointment, please come into school through the main entrance where there will be a team of our oldest children waiting to greet you, and take you to your appointment. Please contact our school office if you have not yet made an appointment. We look forward to seeing you.

A reminder that the deadline for your child's reception school application is 15th January 2026. Please visit:

www.sunderland.gov.uk/schools-admissions-primary

**APPLY
NOW**

MISSING

Lost Property. We are currently working hard to reunite as many items as possible with their owners. Please help us by ensuring all belongings are clearly labelled so they can be promptly returned to the correct child. Thank you.

TOP SECRET! Just to let you know that Y6 will receive their leavers' hoodie in the summer term, to mark the beginning of their last term at Richard Avenue - we know you'll not get them out of it once they have it! We will write to you again in the spring to tell you more about our plans...

TOP SECRET

The image features a central photograph of a field of wildflowers, possibly daisies, in a soft-focus state. The background shows a warm, golden sunset or sunrise sky. This photograph is enclosed within a highly decorative, ornate gold-colored frame with intricate scrollwork and floral patterns. Overlaid on the photograph is a block of text in purple and red.

**IF YOU HAVE UNWANTED PHOTOGRAPH FRAMES AT
HOME AND WOULD BE HAPPY TO DONATE THEM TO
SCHOOL, WE WOULD BE VERY GRATEFUL – A TOP
SECRET PROJECT IS BEGINNING SOON! PLEASE HAND
THEM INTO THE SCHOOL OFFICE FOR MISS HOWARD,
MISS CHERRETT AND MRS CAMERON.**

THANK YOU!

10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.

ANTI-BULLYING
ALLIANCE

#WakeUp
Wednesday®

The
National
College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 06.11.2024

Guess what?

DID YOU KNOW



Emergency Care is for life-threatening illnesses or accidents which require immediate treatment.

Urgent Care is for any non-life-threatening illnesses or injury needing urgent attention.

healthwatch
Sunderland

Prescription



DID YOU KNOW



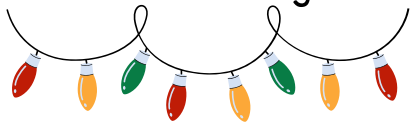
If you need ongoing medication or you have several items on your prescription, you can buy a Pre Payment Certificate.

healthwatch
Sunderland



Richard Avenue
Primary School

Christmas diary dates 2025

Date	Event
Friday 28th November	16 days of Christmas begins with the turning on of the Christmas tree lights 
Wednesday 10th December	KSI (Yrs 1&2) Christmas performance @ 9.15am and 11am
Friday 12th December	EYFS (Nursery & Reception) Christmas performance @ 9.15am and 2.15pm
Tuesday 16th December	 Christmas Day at Richard Avenue
Friday 19th December	KS2 (Yrs 3-6) Carol Service @ 9.15am and 10.45am School closes at 1.45pm



Attendance OF THE WEEK

Congratulations to **1CW** who are our weekly top attenders.

Weekly whole school attendance is 94.77 %

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	90.6	3B	95.6
NURSERY AFT	91.6	3M	95.9
RJ	92.7	4GO	95.6
RS	96.1	4GR	96.3
1CW	99.6	5O	93.7
1W	98.5	5W	89.3
2S	95.5	6C	95.5
2W	88.0	6H	97.2

98% - 100%	Excellent Attendance
95% - 97.9%	Good Attendance
92% - 94.9	Caution (below national)
90% - 91.9%	Cause for concern
Below 89.9%	Persistent Absence - Serious Concern

