



Join us for

Break fast

Available everyday:

weetabix, cornflakes or rice krispies and toast with butter or butter and iam.

Daily hot options:

Monday: beans on toast
Tuesday: bacon or quorn
sandwich with ketchup
Wednesday: omelette with
hash browns
Thursday: bacon or quorn
sandwich with ketchup
Friday: omelette with hash
browns

FIND A GOLDEN TICKET ON THE BACK OF YOUR PLATE OR BOWL AND A SPECIAL PRIZE WILL BE YOURS — A NEW PRIZE EACH DAY!

Our new funded breakfast relies on government funding which will be set by the number of children attending school for breakfast everyday between Monday 10th - Friday 14th November.

Please support us and generate funding by bringing your child to enjoy breakfast!

They don't have to eat breakfast, just attend and we will receive funding.

Children must arrive between 8.25 and 8.40am, coming into school via the small gate...children from rec -Y6 welcome!

NO

GOLDEN

BOOKING

NEEDED



Weekly Update

RAPS daycare: Breakfast Club from 7.45-8:45am & After School Club from 3:30pm-5:45pm

Monday 3 Nov

After school clubs begin again

RAPS PE kit to be worn to school by Yr 1 & Y5

Forest school for Y5 Decider groups for Y5

Tuesday 4 Nov

RAPS PE kit to be worn to school by Yr 2

Swimming for 50 Sports Leader training for Y5

Wednesday 5 Nov

RAPS PE kit to be worn to school by Yrs 3&4

Swimming for 6H

Thursday 6 Nov

RAPS PE kit to be worn to school by Y6

Friday 7 Nov

Swimming for 3M Swimming for 4GO

Future dates for your diary

Friday 14 November Children in Need - more info after the holiday

SEE PAGE 10 OF OUR FLYER FOR THIS YEAR'S CHRISTMAS DIARY

A message from our Head Teacher

Dear Richard Avenue Families,

We can't believe we have now completed our first half term - it has flown by so quickly. We've had another busy week in school; it's been great to see how enthusiastic and hard-working the children are, both in and outside of school. Among other activities this half term, we have welcomed new families during our Open Day; reception families have joined us for an afternoon to find out more about the important teaching of phonics before spending time with our wonderful reception children; we have been guests of honour at the Beacon of Light; we have joined the Champion of Champions Basketballers at the Eagles' Arena; we have been visited by Reverend Andrew and Reverend Katherine, the NSPCA, the Great Engineers and the team from Healthy Heads - what a half term! As always, the staff team have been brilliant, and they thank you for all of the parental support you have given in so many ways. A gentle reminder that our school will close today for the half term holiday, re-opening on Monday 3 November. Don't forget to set your clocks back by one hour on Sunday 26th October, and gain an extra hour for that extended lie-in. Shame about the dark nights, boo goodbye summer. Many thanks for your brilliant support once again this half term. Have a lovely holiday with your fabulous children.

With very best wishes,

Claire Mckinney.

Miss McKinney and all of the staff at Richard Avenue Primary School



A)[M][Diwali

Diwali was on October 20th so this has been the focus of our assemblies this week. Diwali is the Hindu festival of lights with its variations also celebrated in other Indian religions. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance" We have been finding out about the traditions of the festival, like the story

of Rama and Sita and its significance to

children and families in our school.

RAPS assembly stars. Last week celebrated our **RECOLOTION** stars..

N: Iqra

R: Humaid and Idrees

Y1: Zahra and Arthur

Y2: Ridhwan and Myreen

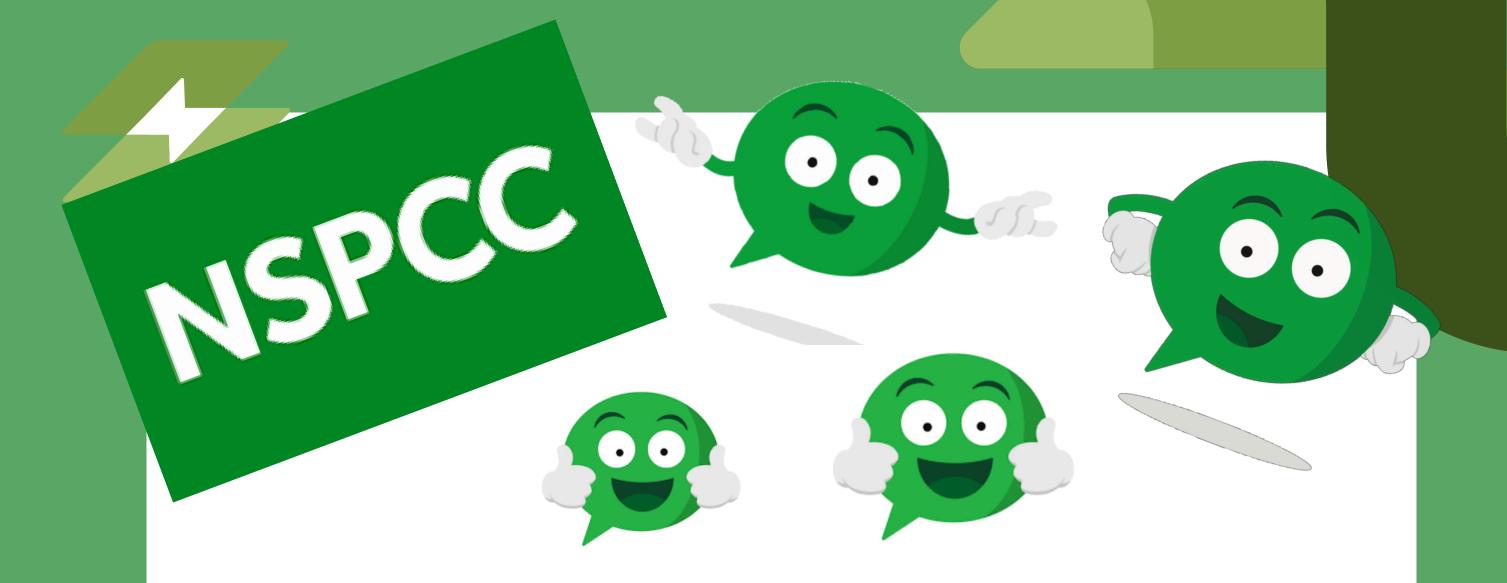
93: Afreen and Micheal

94: Davina and Aishah

95: Hakeem and Younus

96: Yasin and David M.

Well done everyone, you are all stars!



NSPCC workshops for Yrs 5&6

Children in Years 5 and 6 recently took part in the NSPCC

Speak Out - Stay Safe programme in school. This
nationwide initiative from the NSPCC helps pupils
understand the importance of speaking out about
anything that makes them feel worried, unsafe, or
uncomfortable. Through age-appropriate assemblies and
in-person workshops, the children learned about their
right to be safe and who they can talk to if they ever need
help – such as a trusted adult or Childline. The sessions
were engaging, sensitive, and designed to empower
children to protect themselves and others.
Keeping children safe is the highest priority at Richard
Avenue, and these workshops have helped us to do
exactly that.









Have you logged into your child's Seesaw account this week, using the new year group details? Staff have shared a number of updates. If you need a new invitation, please contact the class teacher.

Universal Free Meals. The universal free 12th school meals initiative continues this year. All pupils in Reception, YI and Y2 will receive a fully funded hot, nutritiously balanced meal each day, and we are again aiming for 100% take up, with all children enjoying and taking part in our family service. The benefits are far reaching in terms of health, behaviour and the development of social skills. Please speak school office if you have not yet made an to the office team if this applies to you, and appointment. We look forward to seeing you you've not yet taken up the offer.

Meeting for families of children new into Reception class. Reception class open afternoon took place last week with thanks to everyone who came along to join in the fun. We know that the children really enjoyed seeing you in school, and hope that it gave you an insight into how the team teach reading to our reception children. If you have any further questions whatsoever, please just ask. Thank you.

Our thanks also to Mrs Johnson, Mrs Southern and the team for preparing and leading such a lovely afternoon - thank you! Watch this space for next term's open event.



Meet the teacher appointments: Wednesday Thursday 13th November, appointments for 4GO) and Friday 14th November (nursery additional appointments). A reminder that it's parents' evening after half term, an important opportunity to speak to your child's class teacher. In time appointment, please come into school through the main entrance where there will be a team of our oldest children waiting to greet you, and take you to your appointment. Please contact our after half term.

Poppies. Poppies and merchandise will be on sale Monday 3rd November and throughout the week. Mr Williams and our Student Council will open the poppy sales desk during playtimes. If you can support, please send your child into school with their donation in a named envelope or purse Thank you.

BOOK

Health: Every Mind There is a clear correlation between the winter months autumn and and struggles with mental health and mood. The NHS offers a free service to help give tips to improve either your own or your family's state of mind with positive actions. small For information visit the website below:

https://www.nhs.uk/every-mind-

matters/



MEMENTS IN NURSERY



























AS THE CLOCKS CHANGE, THIS MIGHT GIVE YOU SOME HELPFUL TIPS AS YOU SETTLE A GOOD NIGHT'S

10 Top Tips for Parents and Educators OPING HEALTHY Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

MINDFUL TECH



EFFECTIVE SLEEP PRACTICES

HYDRATION HABITS

CONSISTENT BEDTIME SCHEDULE

OPTIMAL SLEEP ENVIRONMENT

RELAXING EVENING ACTIVITIES

PRIORITISING ADEQUATE SLEEP

NUTRITIONAL BALANCE

PARENTAL

MILITARY SLEEP

Meet Our Expert

inds Ahead design and deliver the UK's only specialist postgraduate mental health ialifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity ovides training and support to education organisations and local authorities. This side has been written by Adam Gillett – a learning and development specialist who so Associate Vice-Principal for Personal Development at a large secondary school





National College

X @wake_up_weds



f /www.thenationalcollege









Date	Event
Friday 28th November	16 days of Christmas begins with the turning on of the Christmas tree lights
Wednesday 10th December	KSI (Yrs I&2) Christmas performance @ 9.15am and llam
Friday 12th December	EYFS (Nursery & Reception) Christmas performance @ 9.15am and 2.15pm
Tuesday l6th December	Christmas Day at Richard Avenue
Friday 19th December	KS2 (Yrs 3-6) Carol Service @ 9.15am and 10.45am
	School closes at I.45pm





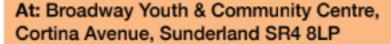
Happy **Halloween**

Broadway Spooky Active Camp 2025

Join us this October for the Halloween Active Camp delivered by Active Families North East – a week full of thrills, chills, and unforgettable fun!

Expect spooktacular games, a spooky silent disco, a zombie Nerf party, creepy arts and crafts, pumpkin carving, cookery, exciting sports, and much more. Our camps are led by qualified staff, all DBS-checked and first aid trained, ensuring a safe and fun environment for all children. Whether they're carving pumpkins or dancing like a ghost, your little ones are in for a frightfully fantastic time.





Dates: Monday 27th October 2025 -

Friday 31st October 2025

Time: Standard Day 9.30am-3.30pm Wrap around care available 8.30am-5pm

Age: 5-11 years

Cost: £15 per day 9.30am-3.30pm

Extend your day 8.30am-5pm for an additional cost of £5.00 per day, per child. Book individual days or discounted rate of £60 for full week booking*

*Please Note: block booking rate applies to 9.30am-3.30pm only.

To book your spaces go to: bookwhen.com/activefamilies

You must book a space on every session you wish your child/children to attend. You will receive an confirmation email after booking and then receive information on how to pay via bank transfer.

Please email: wendy@activefamiliesne.co.uk with any queries or message us on Facebook: Active Families North East CIC.





Bring Your Own Packed Lunch





OCTOBER HOLIDAY COURSES





FOOTBALL



HOLIDAY CLUB



LITTLE DRIBBLERS DAY OUT



GAMING HOLIDAY CLUB



TODDLER TALES



BAKING

OCTOBER HOLIDAY COURSES





DISABILITY SESSIONS



BEAUTY AT THE BEACON



1.1 COACHING



LITTLE LIONESSES DAY OUT

A PLACE FOR MORE THAN JUST FOOTBALL AND FRIENDS





Starting Wednesday
5th November
Ryhope Community Centre
4:00 - 5:30pm

Parents and children of all ages are invited to join us and...



LEARN ABOUT healthy eating

ENJOY active games

MAKE * tasty snacks



Attendance OF THE WEEK

Congratulations to 3M who are our weekly top attenders with 99.3% - almost in school every day, well done! Weekly whole school attendance is 94.3%

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	91.1	3B	91.9
NURSERY AFT	90.0	3M	99.3
RJ	93.0	4GO	89.4
RS	88.7	4GR	91.6
1CW	98.8	50	97.0
1W	94.5	5W	93.7
2S	97.3	6C	97.0
2W	93.3	6Н	96.2

98% - 100%	Excellent Attendance	
95% - 97.9%	Good Attendance	
92% - 94.9	Caution (below national)	
90% - 91.9%	Cause for concern	
Below 89.9%	Persistent Absence - Serious Concern	