



Richard Avenue
Primary School

www.richardavenue.co.uk

Friday Flyer

Welcome

BACK to

SCHOOL

Weekly update

Friday 8th November 2024

Wintry weather. If we are unlucky enough to see heavy snow this winter, all efforts will be made to keep our school open. In the unlikely event of closure, an announcement will be made in the following places:

1. To your mobile phone (if you are listed on this service; time to call in to speak with Mrs Begum or Mrs Johnson if you're not)
2. On Seesaw
3. On the school's website: richardavenue.co.uk
4. On all local radio stations and on Sunderland County Council's website.

If school is open, please wrap your child up in appropriate clothing sending spare socks or tights and gloves if you can.

We always like to play out in the snow but we know how quickly the children get very wet! That's enough of the 'cold weather feel' for now. What is it they say about better to be safe...

The Children in Need appeal. Children In Need 2024. On Friday 15th November (next Friday) it's time to don those Pudsey ears again as we mark Children In Need 2024.

Children are welcome to dress up in their own clothes (with a spotty theme if they wish) and bring an affordable donation towards the charity.

Years 1-6 will be taking part in Run Pudsey which will involve running a mile - get your running shoes ready! In Nursery and Reception, children will be taking part in a treasure hunt as well as learning a special dance with Pudsey the special guest is Peppa Pig! There will also be art and craft activities throughout the afternoon, as well as some CIN maths challenges for Years 1-6.

From Monday 11th November, we will also be selling a limited number of Pudsey wristbands (£1 per wristband) which children are welcome to wear for the rest of the week. We look forward to another fun day for the children!



Please note that the deadline for your child's reception school application is 15th January 2025. Please visit:

www.sunderland.gov.uk/schools-admissions-primary

APPLY NOW

ANTI-BULLYING ALLIANCE

Anti-bullying week. This annual event takes place next week nationally between 11-15 November, but at Richard Avenue due to diary clashes, will have taken the decision to move our anti-bullying workshops into the following week - **w/b 18th November**. We will however still be using the excellent resources provided by the Anti-Bullying Alliance to deliver an assembly and lessons throughout the week. They have also put together an excellent resource for parents. You can download a copy here: <https://anti-bullyingalliance.org.uk/anti-bullying-workshops-2024-choose-respect/parents-and-carers>



Meet the teacher evening. It was lovely to see so many of you at Wednesday's 'Meet the Teacher' evening, an important opportunity for parents and carers to speak to school staff. Thank you to everyone who attended. We very much value the support and positive input you make towards your child's/children's learning. If you didn't or couldn't make an appointment, please let us know and we can organise an opportunity for you to speak to your child's teacher.

TOP SECRET

TOP SECRET! Just to let you know that Y6 will receive their leavers' hoodie in the summer term, to mark the beginning of their last term at Richard Avenue - we know you'll not get them out of it once they have it! We will write to you again in the spring to tell you more about our plans...

NEWS FROM Y3

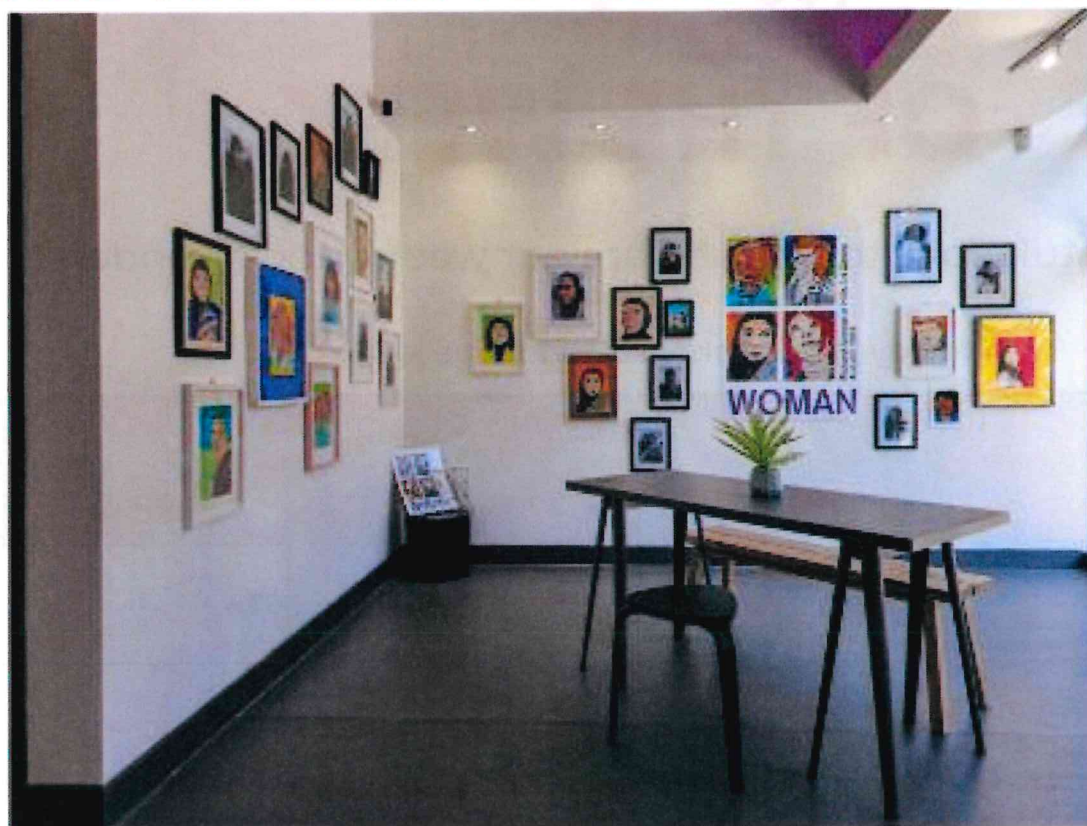
Before half term, Year 3 took part in a **Volcano and Earthquake workshop**. Through drama, the children explored different myths and thinking about volcanoes and earthquakes, understanding the science behind why they occur and how they affect communities. The children really enjoyed the sessions and learned lots.



Year 3 have really enjoyed learning outdoors in **Forest School**. At Forest School we have learnt about habitats building homes and shelters for small animals. In sessions before half term, children also observed how a camp fire is made and learnt about fire safety before toasting marshmallows to enjoy :-)



HAVE YOU BEEN TO VISIT OUR EXHIBITION?



**Our WOMAN
exhibition is now
on show at
Hills Art Centre
Waterloo Place
Sunderland City
Centre**



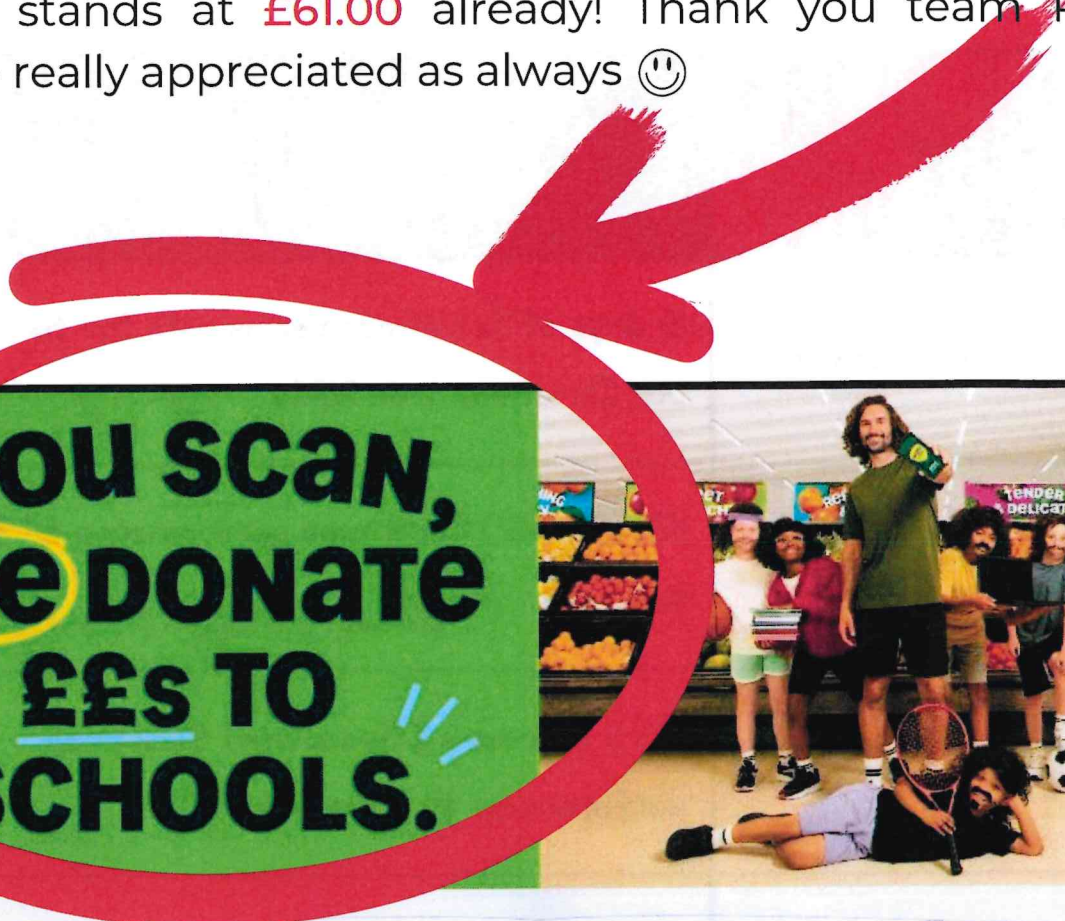
**Opening times:
10am - 2pm
Monday - Friday**

Everybody welcome

WOMAN at Hills Art Centre

We're all signed up for the Asda Rewards Cashpot for Schools...

This won't cost you anything, but will raise funds for our school every time you shop. If you could support us we'd be very grateful, including sharing this information with your family and friends so that we can get more supporters on board. Our Cashpot stands at **£61.00** already! Thank you team Richard Avenue - really appreciated as always 😊



**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

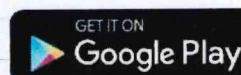
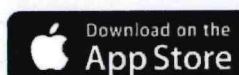
3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel..." or "I think..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "you're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



The National College