



# Richard Avenue Primary School

## Friday Flyer

Weekly Update

Friday 15 March 2024

### UPCOMING DATES

RAPS daycare: Breakfast Club from 8-8:45am & After School Club from 3:30pm-5:15pm

#### Monday 18 March

RAPS PE kit to be worn to school by Yr 4

Litter picking

#### Tuesday 19 March

Last day Easter lunch orders

RAPS PE kit to be worn to school by Reception & Yr 3

Swimming for Y5

From 12.45pm hockey final at The Parks for Y5/6

Ukulele for Y4

#### Wednesday 20 March

RAPS PE kit to be worn to school by Yr 1 & 5

Basketball for Y5

#### Thursday 21 March

RAPS PE kit to be worn to school by Y6

Y3's assembly for families from 9.10am

Simba and I workshops for Y1

Swimming for Y4G

#### Friday 22 March

RAPS PE kit to be worn to school by Y2

Swimming for Y4S

### Future dates for your diary

#### Saturday 23rd March

Community Iftar from 4.30pm

#### Thursday 28th March

School closes for the Easter holiday @ 1.45pm

**Head Teacher comment** Dear Richard Avenue Families, We hope that all of our families had the chance to spend some time together last weekend and that you managed to stay warm. It's again been busy in school with sport dominating the diary. By the time you read this, our children will have taken part in infant agility, a *Heart on Your Sleeve Festival* and trampolining tournaments with our thanks to the wonderful **Mr Spoors** for again organising these opportunities. When we hear from the Government that school sport isn't a high enough priority in many schools. We are incredibly proud to say that in our school, this could not be further from the truth. As I know you know, our children enjoy a wide range of sporting opportunities and curriculum enrichment including **Science (this week and next week)** and **Women's History (last week and this week)** with thanks to superb subject leads: **Miss Scott & Mrs Mann** in Science and **Miss McMaster** in history. Speaking of enjoying their learning and feeling proud, we have also hosted two Chinese students from Newcastle University. **Yingjia and Wanwen** are carrying out a study on comparative education, and have spent time in our school, talking to children and staff. We hope they have enjoyed their time with us and wish them well in the future. Before we say goodbye, don't forget, next week it's Year 3s class assembly which takes place in our school hall on Thursday (21.2.24). Please come in through the main entrance where we will be on hand to warmly welcome you. The assembly to begin at approx. 9.10am and last for 20 minutes. Families and friends of Year 3 are welcome to attend. Have a lovely weekend. With very best wishes, *Claire McKinney*.

Miss McKinney and all of the staff at Richard Avenue Primary School

**Assembly stars.** Last week's stars linked to our reading and books theme were:

**Nursery: Pearl**

**Rec: Myreen & Merlin**

**Y1: Layla & Lithum**

**Y2: Ayyub & Merviin**

**Y3: Aleeza & Mustafa**

**Y4: Dominion & Amalia**

**Y5: Dylan & Yunus**

**Y6: Khadijah, Tayeb & Mia**

**Well done everyone, you  
are all RAPS stars!**



**In this week's assemblies...** This week we thought more about **resilience**, which is one of our important school values. We talked about the importance of demonstrating resilience and considered why it is such an important value. We have also been learning more about the Islamic month of **Ramadan**, which began on **Sunday 10th March**. For Muslims, Ramadan is a month of fasting and abstaining from things considered to be impure for the mind and body. Those partaking in Ramadan abstain from food, drink and impure thoughts between the hours of sunrise (Fajr) and sunset, allowing them instead to focus on prayer and connecting with Allah (pbuh). It is one of the five pillars of Islam. The act of fasting allows individuals to understand the pain and suffering of millions around the world who live their lives in poverty and famine, leaving the participant feeling more grounded and grateful for all that Allah (pbuh) has given them. At the close of the month, Zakat donations during Ramadan are made and then Eid al-Fitr is celebrated with loved ones. Eid is a great time of feasting and celebration for Muslims, with gifts exchanged between loved ones. **Wishing love and blessings. Ramadan Mubarak.**

Dear Families, the school meals service is holding a promotional day on **Thursday 28<sup>th</sup> March** to celebrate Easter. The menu will be: **Main Course options: spring chicken goujon wrap or gluten free fish fillet or quorn dippers all served with a choice of seasoned diced potatoes or chips and minted garden peas or baked beans. Dessert options: Easter themed biscuit or fresh fruit salad.** We would encourage all children to have a school meal on this day. If your child does not normally have school dinners then please let the school office know before **Tuesday 19th March** so that the kitchen can plan to feed them ... **Please do not pay for any additional meal until the office has confirmed your order has been received.** Thank you as always for your support.

**Comic Relief.** Many thanks for your help and support with today's Comic Relief fundraiser. The day has been great fun, and the children have certainly enjoyed themselves taking part in a number of different activities. Huge thanks to our wonderful **Mrs Petre and the Student Council** who have organised everything. We have enjoyed the day **#thankyoumrspetre**



**Richard Avenue's Karate Club. North East.** Karate Kai with Gary started classes in 2005 at Richard Avenue. "We are an affiliate member of NAKMAS national governing body. All blackbelts are DBS and NAKMAS registered. One of our senior instructors started as a 7 year student of Richard Avenue and has trained for over 18 years." **Classes run throughout the year, and are held in school each Thursday.** You can improve your own or your children's fitness and confidence training in the style of Shotokan Karate. **All welcome!**

**Year 2 age children (6&7 years old) from 5.30pm until 6.15pm**

**Older children and adults from 6.15pm until 7pm**

**Cost £3 per session**



For more information see our Facebook page <https://www.facebook.com/>

**Safeguarding - a guide to understanding Doxing.** Many young people aspire to have an increasingly greater presence in the public space as budding YouTubers, DJs and TikTok Stars. For many, these dreams will fade as children want to break out from beyond the screen into the real world. But all their online activity, from posting video clips to dropping a soundtrack on a Spotify account will remain forever. This opens a vulnerability for individuals to access details about children's school settings, home addresses and individual identity that can be exploited for financial gain. To learn more about doxing and actions to take when personal information has been shared, [please see the SWGL help guide](#)



**The Sunderland Food Bank donations.**

If you are able to, could we please ask that children bring into school at least one item from the list below:

- TINNED POTATOES**
- LONG LIFE FRUIT JUICE**
- JAM/PRESERVES**
- SAVOURY TREATS**
- COFFEE**
- BISCUITS**

Thank you as always for your help and support.

**Desert Survival for Y3.** Year 3 took part in a Desert Survival Day Challenge! They experienced exciting outdoor challenges in team building and problem solving to win seats on a rescue plane bound for the desert after a crash landing. The children showed resilience and team work and they really enjoyed the day.



**Give yourself a compliment - tips from the wellbeing forum.** Do you ever catch yourself being overly critical of yourself, or thinking mean thoughts about yourself? Being overly negative or telling ourselves we are no good can really damage our self-esteem and can stop us from trying. Giving yourself a compliment and practicing positive self-talk is crucial to achieving a healthy mindset, boosting our self-esteem and giving us the confidence to accomplish our goals.

Give yourself credit for the things you do well, don't take them for granted or brush them off as nothing. Starting your day with positive self-talk focuses your attention on positive things and improves our overall wellbeing.

Here are some examples you could try:

- \* I'm proud of myself for trying.
- \* I forgive myself for my mistakes and I'm going to learn from them.
- \* I'm doing my best and that's all that matters.
- \* 3 things I did well today are...

**Attendance of the week.** Congratulations to **RH** who are our weekly winners.

*Weekly whole school attendance is **93.6%***

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
<b>NURSERY MORN</b>	80.0	<b>3D</b>	95.2
<b>NURSERY AFT</b>	93.3	<b>3M</b>	94.2
<b>RH</b>	<b>97.7</b>	<b>4G</b>	97.0
<b>RM</b>	95.0	<b>4S</b>	93.8
<b>1G</b>	96.0	<b>5B</b>	85.3
<b>1W</b>	91.3	<b>5W</b>	94.5
<b>2CW</b>	94.1	<b>6C</b>	93.7
<b>2W</b>	96.1	<b>6H</b>	88.2

98% - 100%	Excellent Attendance
95% - 97.9%	Good Attendance
92% - 94.9%	Caution
90% - 91.9%	Cause for concern
Below 90%	Serious Concern

"Being around teachers and friends in a school or college environment is the best way for pupils to learn and reach their potential. Time in school also keeps children safe and provides access to extra-curricular opportunities and pastoral care. That's why school attendance is so important."  
Department of Education



YOU'RE INVITED TO

# Community Iftar

DINNER

SHARING THE SPIRIT OF RAMADAN  
EXHIBITION | TALK | Q&A | HEENA

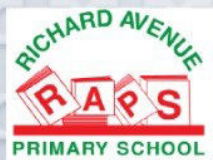
23RD MARCH 2024 | 4:30 - 7:00PM  
BREAKING FAST AT 6:30PM

 **RICHARD AVENUE PRIMARY SCHOOL**  
Hurstwood Rd, Sunderland, SR4 7LQ

RSVP: <https://shorturl.at/DFX02>



SCAN HERE TO REGISTER



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