



# Richard Avenue Primary School

## Friday Flyer



REMEMBRANCE DAY  
*Left we forget*

### Weekly Update

Friday 10 November 2023

#### UPCOMING DATES

RAPS daycare: Reading Breakfast Club from 8-8:45am & Homework After School Club from 3:30pm-5:15pm

##### Monday 13 Nov

Anti-bullying week

RAPS PE kit to be worn to school by Yr 4

##### Tuesday 14 Nov

Open day for families with reception-aged children in September 2024

RAPS PE kit to be worn to school by Yr R & Y6

Anti-bullying conference

Swimming for Y3

Ukulele for Y4

##### Wednesday 16 Nov

RAPS PE kit to be worn to school by Yrs 1 & 5

##### Thursday 16 Nov

RAPS PE kit to be worn to school by Y3

Swimming for 6H

##### Friday 17 Nov

Swimming for 6C

Beacon of Light visit for Reception

Children in Need - see overleaf for more information

#### Future dates for your diary

##### Wednesday 22nd November

Y4's class assembly for parents. Please come into school via the main entrance, after you drop off at the gates. The assembly will begin shortly after 9am and last for approx. 20 mins. Y4 families very welcome!

**Head Teacher comment** Here we are at the end of another busy week. There continues to be lots going on in school including today's visit to the *Great North Museum* for Y5 which we know the children will have thoroughly enjoyed. Well done to Y5/6 who took part in yesterday's football at the Beacon of Light. Everyone had a great time and judging by the happy chatter and rosy cheeks on display as the children returned to school. Lots of activity and some great football was played with thanks to the staff team for accompanying the children to this event.

Tomorrow is Armistice Day and on Monday we will gather as a school to remember those who have sacrificed their lives in conflict. We will respectfully mark the silence at our own flag pole as we listen to the Last Post. This morning, Zakwan, who is one of our head pupils, and I visited the local war memorial to lay a wreath of poppies on behalf of our school community (Royal and Hifza were already booked!) Thank you to families who supported and also to Mrs Petre and Mrs Johnson who have been in charge of the *Student Council sales team* in selling poppies to other staff and pupils across the school.

Have a lovely weekend.

With very best wishes,

*Claire McKinney*

Miss McKinney and all of the staff at Richard Avenue Primary

*They shall grow not old, as we that are left grow old:*

*Age shall not weary them, nor the years condemn.*

*At the going down of the sun and in the morning*

*We will remember them.*

*"For the Fallen" by Laurence Binyon*

**RAPS Assembly Stars.** Last week's **shining light** superstars were:

**Rec: Hakim & Daniyal**

**Y1: Toni & Mariyah**

**Y2: Maria & Autymn**

**Y3: Kyle & Inaaya**

**Y4: Leo & Esme**

**Y5: Artem & Sophia**

**Y6: Khadijah & Wealth**



**Well done everyone, you are all  
RAPS stars!**

**RAPS assemblies.** In assembly this week we have been thinking of others. We have been remembering and giving thanks for those who lost their lives in World War 1 as Armistice Day is on the 11<sup>th</sup> November. We found out why people wear poppies as a sign of respect and the history of remembrance. We heard stories and poems significant to Remembrance Day. Teachers this week have been looking out for pupils who are thoughtful.

Wishing families  
celebrating Diwali a  
happy and peaceful  
few days!



Have you logged into your child's **Seesaw** account this week? Staff have shared a number of updates. *If you need a new invitation, please contact your child's class teacher.*

**Y1 at Forest School.** Year 1 have had a fantastic time at Forest school, learning about seasonal changes which links to this half term's science. We have searched for autumn leaves and sorted them by colour; we have researched which animals live in the forest during autumn and what we can do to help them survive. We finished our sessions by making forest faces using clay and natural materials on the trunks of trees. We had a wonderful time—see page 3 of our flyer to see our smiling forest-school faces!

**The Children in Need appeal.** "Let's raise pounds for Pudsey..." takes place on Friday 17th November. At Richard Avenue, our Student Council invites everyone to come to school **wearing bright colours or home clothes**, bringing a suggested donation of £2 for the Children in Need Appeal. As well as a dress-down day, Student Council has also organised our own **RAPS RunPudsey event** which will involve mastery of an obstacle course alongside speed and resilience... With thanks for your support at home for what sounds like another fun day for the children.



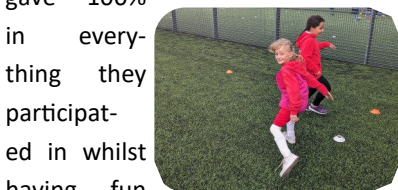
**Meet the teacher evening.** It was lovely to see so many of you at Wednesday's 'Meet the Teacher' evening, an important opportunity for parents and carers to speak to school staff. Thank you to everyone who attended. We very much value the support and positive input you make towards your child's/children's learning. *If you didn't or couldn't make an appointment, please let us know and we can organise an opportunity for you to speak to your child's teacher.*

**Anti-bullying week.** This annual event takes place next week, between 13-17 November. We are using the excellent resources provided by the Anti-Bullying Alliance to deliver an assembly and lessons throughout the week. They have also put together an excellent resource for parents. [You can download a copy here.](#)



**Football at the Beacon of Light.** A group of girls from Years 3 and 4 represented Richard Avenue at a girls football festival at the **Beacon of Light**. The girls took part in some skills sessions, some defending and attacking drills which was followed by some competitive matches. All of the girls gave 100% in everything they participated in whilst having fun and showing great passion. Two of our sports leaders, **Fateha and**

**Saiba**, were on hand to give the girls lots of encouragement and support. Well done girls!



**Does your child struggle to sleep?** We are sending information about a wonderful free resource that can help parents and children to learn more about their sleep and develop better bedtime routines. Sleep is essential to brain function, by helping children to sleep better, we can help them to succeed in school - see pages 3 and 4 of this week's flyer for more information.

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541. You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

**Attendance of the week.** Congratulations to **1W** who are our weekly winners.

*Weekly whole school attendance is 88.8%*

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	88.0	3D	92.0
NURSERY AFT	89.3	3M	91.0
RG	81.0	4G	96.9
RH	75.3	4S	96.4
1G	92.3	5B	91.3
<b>1W</b>	<b>97.7</b>	5W	87.0
2CW	87.4	6C	88.6
2W	80.6	6H	88.6

ATTENDANCE



# Y1 @ Forest School





A photograph of a woman and a young child sitting on a wooden floor. The woman is wearing a white knitted sweater and is looking down at a map that she is holding. The child is wearing a dark blue sweater and jeans, and is looking up at the woman. The background is a wooden wall.

# Does your child suffer with sleep issues?

Do you struggle  
with your child's  
bedtime?

Will your child  
not sleep in  
their own bed?

WE CAN HELP

 **03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am





**Around 50% of  
children will have  
a sleep issue at  
some point\***

## WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

## HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

**03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm

Monday & Wednesday 9am - 11am

POWERED BY



IN PARTNERSHIP WITH

Furniture  
Village



## RAPS Christmas Diary 2023

Date	Event
29th November	16 Days of Christmas begins 
1st December	Turning on of the Christmas tree lights 
12th December	KS1 (Yrs1&2) Christmas performances @ 9.15am & 2.15pm
14th December	EYFS (Nursery & Reception) Christmas performances @ 9.15am & 2.15pm 
15th December	Christmas Day at Richard Avenue
20th December	KS2 (Yrs3-6) Carol Service @ 9.15am & 10.45 am
	School closes @ 1.45pm