



Richard Avenue Primary School

Friday Flyer

Weekly Update

Friday 24 March 2023

UPCOMING DATES

RAPS daycare: Reading Breakfast Club from 8-8:45am & Homework After School Club from 3:30pm-5:15pm

Monday 27 March

End of term Easter disco day - come to school in your choice of party outfit

Adult leaning classes

Change4Health from 2.30-3.30pm

Full Governing Body meeting

Tuesday 28 March

RAPS PE kit to be worn to school by

RECEPTION & Yr 3

Dodgeball for Y5

Wednesday 29 March

RAPS PE kit to be worn to school by Yr 5

Stone and Iron Age workshop for 3G

Thursday 30 March

RAPS PE kit to be worn to school by Y4

Dance City for Y4

Friday 31 March

RAPS PE kit to be worn to school by Yrs 2&6

Fitblast for Y4

Visit to Dance City's studio for 4G

No swimming for Y3

School closes @ **2.30pm** for the Easter break

Future dates for your diary

Y1's assembly for families - 18th May @ 9.10am

Y2's assembly for families - 15th June @

Head Teacher comment Dear Richard Avenue Families, We've had a busy week at school with some of our governors visiting to talk to staff about developments linked to their area of responsibility: for example Maths, Science or English. Feedback has been really positive and they have all been particularly impressed with the number of different learning opportunities the children enjoy as well as the quality of their work. It's been lovely to celebrate our achievements and discuss next steps as we begin to think about next year - I know, already!

Don't forget... to **set your clocks forward by one hour on Sunday, 26th March 2023**, which is the official start of British Summer Time. We may be losing an hour but, with extra daylight in the evenings and a long summer ahead (we hope), there's plenty to look forward to after the clocks change. Have a lovely weekend.

With very best wishes, *Claire McKinney*

Miss McKinney and all of the staff at Richard Avenue Primary School



Assembly stars. Last week's stars linked to the theme of resilience were:

Nursery: Ayyub & Jordin

Rec: Akshad & Ruth

Y1: Shawn & Ibrahim

Y2: Ahyar & Haniah

Y3: Safiya & Arifa

Y4: Nafisea & Taqi

Y5: Issy & Hifza

Y6: Yaseen & Karimah



MEGA STAR AWARD: Zahraa in 6C for her wonderful hard work, determination and kindness.

Well done everyone, you are all RAPS stars!

In this week's assemblies... We have been finding out about Ramadan. Ramadan is a month of fasting and abstaining from things considered to be impure for the mind and body. Those partaking in Ramadan abstain from food, drink and impure thoughts between the hours of sunrise (Fajr) and sunset, allowing them instead to focus on prayer and connecting with Allah (pbuh). It is one of the five pillars of Islam. The act of fasting allows the individual to understand the pain and suffering of millions around the world who live their lives in poverty and famine, leaving the participant feeling more grounded and grateful for all that Allah (pbuh) has given them. At the close of the month, Zakat donations during Ramadan are made and then Eid al-Fitr is celebrated with loved ones. Eid is a great time of feasting and celebration for Muslims, with gifts exchanged between loved ones.



Have you logged into your child's **Seesaw** account this week? Staff have shared a number of updates. *If you need a new invitation, please contact your child's class teacher.*

Monday 27th March is Easter disco day at Richard Avenue. We invite the children to come to school on Monday **wearing their choice of party clothes** for a fun day of activities and a disco! The disco will take place in our main hall, courtesy of the DJing abilities of the staff team :-). Snacks and drinks will be on sale during the disco so could we also please ask you to send your child with money **in coins rather than notes** (*in a purse or wallet please*) to spend at the refreshments table. It's going to be an egg-cellent event—sorry for the terrible yoke, ha ha!



School Meals and the Holiday Activity and Food (HAF) programme. Sunderland Council is again committed to providing support to families during the Easter break. Please use this website link to find out more about whether you might be able to claim these:

www.togetherforchildren.org.uk/families/free-school-meals or telephone: 0191 561 1417.

Vouchers can be collected from our school office from **Wednesday 29th March between 8.30am and 3.30pm.**

School lunches. School lunches are £11.50 per week. Please could we ask that all school lunch payments be completed online? Do remember to include your child's name and class in the message box. Thank you.

School Dinners

Safeguarding update - mental wellbeing.

Place2Be have produced some headlines around the current mental health challenges faced by children and young people in England. This report states that eight in ten children and young people that were supported by their charity throughout the past year noted feeling anxious in social situations. The study also reports an increase in feelings of loneliness in young people within the last academic year – a year which was blighted by significant self-isolation due to COVID infection. The concerns about the impact of this time upon young people's social interactions have been echoed in the government's state of the nation report into children and young people's mental health, which was also published this week (DfE, 2023). [NHS digital reported similar findings in their recent survey.](#) There are a number of resources available to parents in the [Young-Mind's Mental Health Guide](#), which target specific aspects of mental health. Should you wish to discuss any concerns about your child's mental wellbeing, please arrange a meeting with one of our school leads, **Miss Ellis and Mrs Robson**, via the school office.



Preloved uniform. Please remember that our Richard Avenue Pre-loved Uniform Shop is always available to families. Use this dedicated email address to enquire about specific items of clothing and sizes. If we can help, we always will.



uniform@richardavenue.co.uk

Please also continue to donate any spare uniform that you may have to the team in the main office.

The Sunderland Foodbank donations. If you are able to, could we please ask that children bring into school at least one item from the list below:

TINNED POTATOES

LONG LIFE FRUIT JUICE

JAM/PRESERVES

SAVOURY TREATS

COFFEE

BISCUITS

Could donations please be sent into school before Thursday 30th March? Thank you as always for your help and support.



Attendance of the week. Congratulations to 2CW who are our weekly winners.

Weekly whole school attendance is 93.3%

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	89.4	3B	92.6
NURSERY AFT	80.0	3G	97.0
RM	90.0	4G	91.8
RW	95.6	4S	95.9
1B	90.7	5M	90.8
1S	92.3	5W	96.3
2CW	98.7	6C	98.1
2H	91.7	6H	91.8

COMIC RELIEF

**RED
NOSE
DAY**

Red Nose Day 2023

Together, we've raised an incredible

£ £803.91

for Red Nose Day 2023



Thank you for your continued support in helping those who need it most.

Also, a big well done to all who entered our **JOKE HA THON** competition. Take a look at our winners as picked by school council:

What do you call a cold penguin?

A birrrrrrd

Amaya - Reception

Why can't Elsa have a balloon?

Because she will let it go!

Mariam- Y1

Why is 6 scared of 7?

Because 7 ate 9

Ismail Y2

What do you call a hippo with one leg?

A hoppo

Aleena-Y3

Why was the black hole sad?

Because everyone avoided him.

Tre - Y5

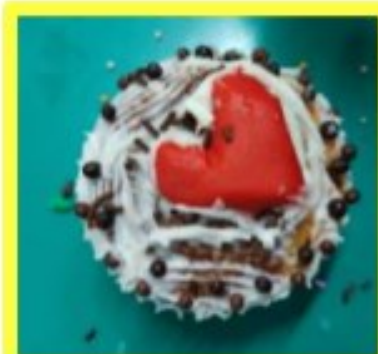
What do you call a fake noodle?

An impasta

Isaac- Y4

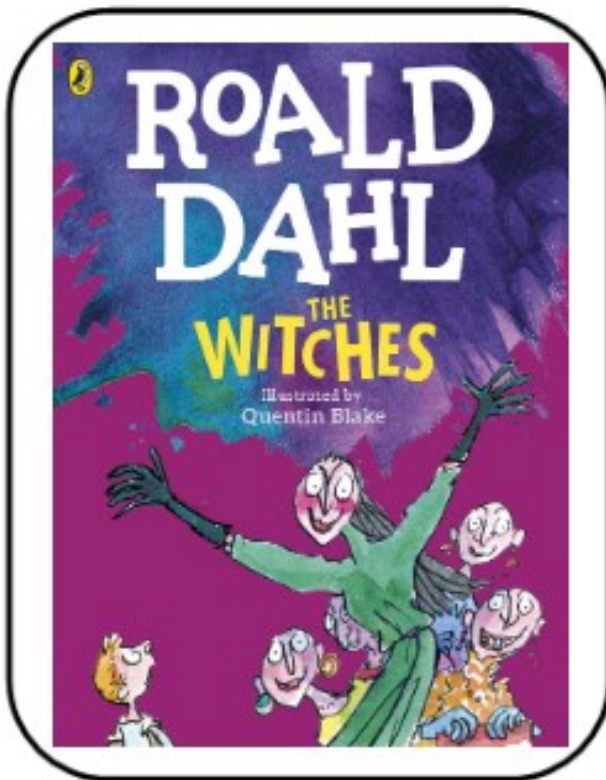
What happened to the frogs car? It got toad away.

Waniya- Y6





Book Recommendation of the Week



I recommend 'The Witches' by Roald Dahl because it is very exciting. By Ethan 4G



active future

Instilling a love of movement for life.

Holiday Activities & Food

When:
10 am - 2 pm

FREE

Monday 3rd April
Tuesday 4th April
Wednesday 5th April
Tuesday 11th April
Wednesday 12th April
Thursday 13th April

for those children who qualify
for free school meals.

Where: Sunderland University,
City Campus, SR1 3SD

Activities include easter crafts, multi sports
including dodgeball, football, dance, team
building games, rock climbing, external
visitors plus much more!

Spaces are limited, please register following the link:

<https://campscui.active.com/orgs/ActiveFutureSunderland?season=3310036>

or by scanning the QR code

Interested?

Contact us on..

✉ afsunderland@activefuture.info

☎ 07964697411

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children
SUNDERLAND



Department
for Education

