



# Richard Avenue Primary School

## Friday Flyer

**Weekly Update**

**Friday 3 February 2023**

### UPCOMING DATES

**RAPS daycare:** Reading Breakfast Club from 8-8:45am & Homework After School Club from 3:30pm-5:15pm

#### Monday 6 Feb

#### **Children's Mental Health Week**

RAPS PE kit to be worn to school by Yr 2

Adult Learning classes

2.30-3.30pm Change for Life—Family Learning

#### Tuesday 7 Feb

#### **Safer Internet Day**

RAPS PE kit to be worn to school by Yr 3

#### Wednesday 8 Feb

RAPS PE kit to be worn to school by Y5

Y6 Fairytale workshop - morning

Y5 Basketball - afternoon

Student Council visit to the Sunderland Foodbank - afternoon

#### Thursday 9 Feb

RAPS PE kit to be worn to school by RECEPTION & Y4

Dance workshop for 4S

#### Friday 10 Feb

RAPS PE kit to be worn to school by Yrs 1&6

Swimming for Y3

Sunderland Empire project for Y4 - afternoon

#### Future dates for your diary

#### Friday 17 February

School closes for half term

#### Monday 6 March

Parents afternoon & evening

#### Thursday 20 March

Y2's assembly for families

### Head Teacher comment

Dear Richard Avenue Families, It's been another busy week as we race towards the first weekend of February. Although it's continued to be wet, this has done nothing to dampen our spirits. Speaking of rain, please do ensure that your child comes to school in a warm and waterproof coat (which is named) so that we can make the most of time outdoors which we know the children thoroughly enjoy. Speaking of feeling warm, our wonderful Year 3's read beautifully and smiled throughout this week's assembly for families casting a cheery, warm glow around the hall for all present. There was great delight on their faces as they presented their independent work to families with HUGE RAPS thanks to everyone who contributed. We know the children loved having you in school, thank you so much, we really value your support. Stay warm and take care.

Have a lovely weekend.

With very best wishes,

*Claire McKinney.*

Miss McKinney and all of the staff at Richard Avenue Primary School

**Assembly stars.** Last week's stars linked to the theme of respect were:

**Nate & Ariel**

**Mina &**

**Ishaaq & Deborah**

**Noorah & Ethan**

**Tre &**

**Tehzeeb & Alec**

**Well done everyone, you are all RAPS stars!**



### **In this week's assemblies...**

Following on from Martin Luther King Day, this week we learned about Rosa Parks, another civil rights leader who was known as the mother of the freedom movement. We discussed this in light of our British Values, liberty and tolerance, and spent time thinking about why these are important in society.



**Student Council's shout out.** Each week, to help our local community, our Student Council will be shouting out food items that are urgently needed by the Sunderland Foodbank. This week we are asking for donations of **rice pudding and custard** to be brought into school. Thank you for your help. From Richard Avenue's Student Council.

**Safeguarding update.** The Police have secured funding for PACE to deliver a series of FREE parent community webinars within the region. *These will be delivered through February.*

There are 3 sessions within the parent package.

The first is an introduction to criminal exploitation and county lines; the second a lived experience approach from the lens of the child and a third session offers opportunities for parents to attend with their children.

The sessions are planned for early evening to allow more parents to attend. The sessions are delivered for 1.5 hours via Zoom, with an hour dedicated to delivery and 30 minutes for questions and discussion.

*Help and Support for affected parents is offered throughout the session.*

[This is the link for the 1st session County Lines in the North East - Free Parent Webinar Tickets, Mon 6 Feb 2023 at 19:00 | Eventbrite](#)

The interactive webinar will give you the opportunity to ask questions, share concerns and connect with others as well as:  
*learn what county lines is;  
understand what is happening in your local area;  
understand the signs that your child might be at risk;  
learn how offenders groom and exploit children.*

The webinar will be hosted live over zoom, once you have registered we will send you the log in details for joining.



**Classes for adults.** We are delighted that our Adult Learning classes in English and Maths have re-started this week after a gap of over two years. Working with tutors **Zoe Hepplewhite and Michelle Duncan from City of Sunderland College**, Miss Ellis has organised a fabulous timetable of learning which we know our families will enjoy and benefit from. If you would like to know more about these classes, please speak to Miss Ellis who will be happy to help you. Finally, a HUGE RAPS thank you to **Miss Ellis** for her determination in re-establishing these classes **#weareverylucky**

Recently one of our schools **Sustainable Ambassadors**, Phoebe Wall Y5 had the exciting opportunity to attend Sunderland City Council's Environmental, Green and Sustainable Group, EGS. Accompanied by **Mrs Dunn, RAPS' sustainability lead**, they met with representatives from other local primary and secondary schools, members of Sunderland City Council and the director of Education for Sunderland. Topics of discussion included how we could help Sunderland become carbon neutral; how to help keep plastics out of our seas and how local schools can lead change in sustainable matters. *The first of many more meetings to come... The last word from Phoebe..."We talked about plastic on the beach and how much of a problem micro-plastic is."*



**Reception open afternoon.** You are invited to join the reception team for the second of our open afternoons which, this term, will give you an opportunity to find out more about the maths curriculum: the resources we use, how parents might support at home, and of course enjoy a cuppa and chat. This term's opportunity will take place on **Wednesday 15th February from 2.15-3.30pm**, with time to visit the reception classroom and work with your child. Please sign in at the front door, and the office team will look after you. We look forward to seeing you then.

**We're Hiring!**

**Job Opportunities at Richard Avenue.** We are looking to appoint an enthusiastic and flexible lunchtime supervisory assistant. *This a permanent contract - part time in term time from Monday – Friday, for 6 hours and 40 mins per week. Grade 1 @ £9.62 per hour and a salary of £18,562 pro rata.*

The successful candidate will be friendly, caring and have an interest in working with children and being part of a team. You will help manage and supervise our children in the dining room and assist as play-leaders instigating games with the children.

The right candidate will have: ● A proven ability to work on their own initiative. ● Have a keen eye for detail ● Have a high level of communication skills and the ability to relate positively to children and adults. ● A commitment to happiness and wellbeing within the school community.

Application forms and further details are available from the North East Jobs website: [www.northeastjobs.org.uk/job/-/238613](http://www.northeastjobs.org.uk/job/-/238613)

Only applications submitted on the school's application form will be considered.

Successful candidates will have to meet the requirements of the person specification form. Appointment is subject to satisfactory references and Disclosure and Barring Service check. **Closing date for applications is Friday 17th February at 9.00 am.**

**Attendance of the week.** Congratulations to 5W who are our weekly winners.

*Weekly whole school attendance is 91.5%*

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	92.5	3B	93.7
NURSERY AFT	80.3	3G	96.4
RM	92.5	4G	90.8
RW	87.5	4S	90.4
1B	89.6	5M	95.0
1S	89.6	5W	98.6
2CW	93.3	6C	88.7
2H	85.7	6H	91.8



Last week, year 5 had the privilege of hosting Helen Schell in school. Helen is an artist who works alongside NASA and is extremely knowledgeable about earth and space. As this is year 5's current science topic, they were able to have many of their questions answered. They also considered the future of space travel and designed and produced their own moon villages. Year 5 had a great day developing their knowledge of earth and space as well as being creative with sculpture and working together to produce their final "showpiece!"

We had an amazing day finding out more about space and being creative at the same time.

Hifza—5W

Helen knew so much about space and space travel and I learnt so much! It was great to work in a group to produce our moon village.

Noah—5M



Next week is **Children's Mental Health Week**. We always try to raise the profile of Wellbeing during this week every year. This year's theme is 'Let's Connect', which is one of the 5 *Winning Ways to Wellbeing* that we follow in school. The 5 *Winning Ways are Connect, Give, Keep Learning, Be Active and Notice*. All of the children will be completing some activities in school to look at who they connect with and the importance of those people to their wellbeing. We have included some further information below, with some ideas of how you might like to be involved with this event. There are lots of ideas of things to do at home with your children. We hope you have fun joining in with this important event.

**LET'S  
CONNECT**



6-12  
FEBRUARY  
2023

## TIPS FOR PARENTS AND CARERS

Dear parents and carers,

6 - 12 February 2023 is Children's Mental Health Week. The week is run by children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year's theme is Let's Connect.

### WHAT'S IT ALL ABOUT?

**Let's Connect** is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

### WHAT CAN YOU DO?

Here are a few simple ways you can connect with your child and help them to make meaningful connections.

#### 1. Connect with your child in everyday ways

Moments of connection (and re-connection) are really important in child-caregiver relationships. For example, when you pick them up from school, or come in from work, try to give them your full attention and see if this helps you feel better connected as you hug, talk, smile and hear about their day. Watching your child play and joining in is really important to them – so put your phone away and have a bit of fun – being playful is good for adults, too!

With your older child, you may find times such as car journeys a good time to talk, or to re-connect by playing music you both like. It is important to be accessible to a teenager when they need to talk. You may have to be there 'on their terms' and be ready to listen.

#### 2. Talk to your child about important connections

This could include talking about family members, friends, neighbours, childminders, people in the local community and others in your faith group (if you have one). Remember it's ok to talk about people they miss, for example, family members who live in a different country or people who have died.

Children learn a lot from their parents about how to express their feelings, including the joy that comes with feeling connected to others and the sadness that comes with missing others.

#### 3. Talk to your child about their friends

As children become teenagers, their friendship groups become increasingly important to them. Be open to hearing about their friendships and try to listen without judgement.





# ***Book Recommendation of the Week***



I recommend 'Handa's Hen' because I like it when Handa has baby chicks. By Mera 1S