



Richard Avenue Primary School

Friday Flyer

Weekly Update

Friday 15 October 2022

UPCOMING DATES

RAPS daycare: Reading Breakfast Club from 8-8:45am & Homework After School Club from 3:30pm-5:15pm

Monday 17 Oct

RAPS PE kit to be worn to school by Yr 2

Tuesday 18 Oct

RAPS PE kit to be worn to school by Yr 3

Wednesday 19 Oct

RAPS PE kit to be worn to school by Yrs 5 & 6

Great engineering challenge for Y5

Thursday 20 Oct

RAPS PE kit to be worn to school by Yr 4

Y5's assembly for parents— see overleaf for more information

Sports hall activities for Yrs 5&6

Friday 21 Oct

RAPS PE kit to be worn to school by Yr 1

Swimming for Y3B

School closes for October half term

Future dates for your diary

Thursday 10th November

Parents evening for all families

Friday 18th November

Children in Need - more info to follow from Student Council

Thursday 1st December

Whole School photographs

Head Teacher comment Dear Richard Avenue Families, welcome to this week's newsletter. It's been another brilliantly busy time in school. I will start by saying a big **thank you** for the generosity shown towards our Sunderland Food Bank collections this week. We will be dropping off the donations next week so there is still time if you can support in anyway. Booking forms related to our Meet the Teacher Evening were sent out by the school office last week. Please complete and return the forms before the end of next week. If you have not received this information, please contact the school office. Looking ahead to the final week of this half term, **Year 5** families please ensure that you have Thursday 20th October in your diary as it's our first year group assembly for some considerable time, and we are really looking forward to seeing you in school to support the children. In other news, our Y6 children have been appointed as ambassadors and prefects for the year ahead, after an interview with myself during which they each did really well.

Our Ambassadors' team are:

Science Ambassador - Isabelle; Anti-bullying Ambassadors - Zahraa, Olivia, Erin and Asiyah; Sustainability Ambassadors - Eesa and Phoebe; Equalities Ambassadors - Rhys and Saihaan; Good Friend Ambassador - Amelia; Reading Ambassadors - Sarah and Olivia Watson; Maths Ambassador- Zahir; Sport and Healthy Schools Ambassadors - Umaira, Issa, Mehreen, Aaron Isaiah and Yasin; Wellbeing Ambassadors - Shumi and Tico; Languages Ambassadors- Fajr, Katherine and Rachel; Art Ambassadors - Maryam, Kulsum, Suhayla and Lydia.

Our Prefects are:

Register - Charlie and Isla; Bell - Yaseen and Dylan; Assembly (including technology) - Jasmine, Tehzeeb, Hassan and Leo; Assembly seats - Imtiaz, Alec and Yasaar; Assembly music - Jacob; Morning Nursery - Lily and Georgia; Afternoon Nursery - Yahya, Mehrajul, Arifa, Lexi, Mitchell, Arafat and Karimah; Morning Reception - Jessica and Sumayyah; Fruit prefects - Inaaya and Linkoln; Library & trolleys - Layton, Qudsiyah, Waniya, Laiba, Yasna and Sameer

We are delighted to hand over some of our 'to do' lists to them, and, after hearing lots more about their plans, we know we can look forward to an excellent year's work from each of them. On that note, have a lovely week-end and thanks for your patience last Friday morning after we had a problem with rain water at the big gate.

With very best wishes,

Claire McKinney.

Miss McKinney and all of the staff at Richard Avenue Primary School

RAPS Assembly Stars. Last week's writing superstars were:

Nursery: Hakim & Nate; Y1: Amirah & Samuel; Y2: Raiyyan & ; Y3: Midun & Eshaal; Y4: Saiba & Safiyya; Y5: Jamie Asim; Y6: Charlie & Jessica.



Well done everyone, you are all RAPS stars! *This week our focus has moved onto all things mathematical. Check back next week to*

This week in our assemblies...*Being thankful* has been our main theme of collective worship this week and this is linked to the Christian festival of Harvest. It is a time for reflection during which people think about what they are thankful for as they gather in the bounty from the fields. At Richard Avenue we thought about what we are thankful for whilst remembering others who are less fortunate.

It was also *World Mental Health Day* on the Monday. At our school we take our mental health and wellbeing very seriously and we work towards the five winning ways to wellbeing: **Connect-Be Active-Take Notice-Learn-Give.** Learning to look after your mental health is a priority with HUGE thanks to our wonderful **Miss Ellis** for preparing such a wonderful day for the children and staff team.

Contact details. Could we please ask that families update the school office if mobile telephone numbers change so that we are able to contact you as needed, and to ensure you continue to receive text messages from school. Thank you.

Welcome. This week we have warmly welcomed **Miss Vanessa Le Penn** to our school. Miss Le Penn is training to be a teacher and will be specifically working with 5W and Mr Warkman. Welcome to our school Miss Le Penn, we hope you will be very happy at Richard Avenue.



Superstars of sport at Richard Avenue. We are absolutely thrilled to announce that once again we have been awarded **not one but two new trophies** as a result of the wonderful sports provision at our school. The first is the **GOLD Active Sunderland Award** for our commitment to PE and school sports and the second is the **Active 60 School of the Year Award** for the sheer number of sporting activities and opportunities we offer our children. Mr Spoors and I were delighted to receive these awards at a special PE conference and celebration event - where we picked up even more ideas! Huge thanks to **Mr Spoors**, our superstar sports guru, and to **Miss Davison** for working so hard to ensure our children are challenged and inspired to be the very best they can be, and the very busiest they can be, not forgetting our full staff team and the children #RAPStopteam



School lunches. School lunches are £11.50 per week. Please could we ask that all school lunch payments be completed online? **Do remember to include your child's name and class in the message box.** Thank you.

School Dinners

Preloved uniform. Please remember that our Richard Avenue Preloved Uniform Shop is always available to families. Use this dedicated email address to enquire about specific items of clothing and sizes. If we can help, we always will.

uniform@richardavenue.co.uk



Please also continue to donate any spare uniform that you may have to the team in the main office.

5M AND 5W's class assembly. Please come into school by the main entrance, after you drop off at the gates. *The assembly will begin shortly after 9am and last for approx. 20 mins. Y5 families*

Starting school. Reception parents have been asked to complete a short RAPS questionnaire about the arrangements for this year's new starters. Your views will be collected and shared with the staff team, with a full analysis also circulated to parents. Many thanks for sending this back into school. We are really grateful for your help in making sure the children get the very best start at our school.



Family and children's questionnaires. There is still time to return your completed questionnaire - if you've not already done it. We set a deadline of Monday, so if you have some time over the weekend and are looking for something to do..!

Primary school admissions. The online admissions portal for **primary schools** opens on Monday and will close on 15 January 2023. **If your child's date of birth falls between 01/09/2018 and 31/08/2019, you will need to apply for a reception place for September 2022.** Allocations day is 19 April 2023. The Admissions Handbook and full guidance on how to apply can be found on Sunderland County Council's website:

<https://www.sunderland.gov.uk/schools-admissions-infant-junior-primary>

Richard Avenue's Karate Club. North East Karate Kai with Gary started classes in 2005 at Richard Avenue and returns following a break due to COVID. We are an affiliate member of NAKMAS national governing body.

All blackbelts are DBS and NAKMAS registered. One of our senior instructors started as a 7 year student of Richard Avenue and has trained for over 18 years.

New karate classes are starting throughout October and November. Improve your own or your children's fitness and confidence training in the style of Shotokan Karate. ALL WELCOME!

Classes are held in school each Thursday:

Year 2 age children (6&7 years old) from 5.30pm until 6.15pm

Older children and adults from 6.15pm until 7pm

Cost £3 per session. For more information see our Facebook page [https://](https://www.facebook.com/)

www.facebook.com/

Attendance of the week. Congratulations to **5M & 6H** who are our weekly winners.

*Weekly whole school attendance is **94%***

CLASS	ATTENDANCE %	CLASS	ATTENDANCE %
NURSERY MORN	97.3	3B	95.0
NURSERY AFT	95.0	3G	95.5
RM	89.2	4G	89.6
RW	90.4	4S	95.2
1B	96.7	5M	96.9
1S	95.0	5W	95.2
2CW	92.3	6C	92.9
2H	95.0	6H	96.9

ATTENDANCE

It's been a busy and active week...



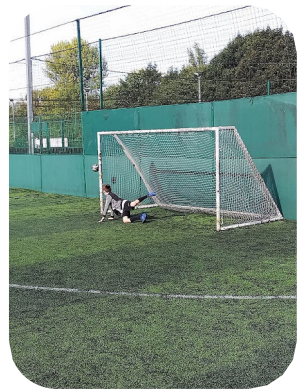
Wellbeing Festival

Class 4S visited Silksworth Tennis Centre to take part in a carousel of events to help promote the importance of wellbeing. Coaches from a range of sports were on hand to give the children a fun-filled, physical morning.



Goals

Class 4G went to Goals Football Centre to play lots of games of football. The children played non-stop football all morning which was very beneficial to their physical education and wellbeing.



Sports Leader Training

Our Year 5 sports leaders went to Silksworth Tennis Centre to receive some training on leading games and activities. They came back to school with lots of ideas to take onto the school yard and also in PE lessons. Some sports leaders have very kindly stayed behind after school to help Mr Spoors with his sports clubs.





UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox

at least 5 days from the onset of the rash and until all blisters have crusted over

Diarrhoea and Vomiting

48 hours after their last episode

Cold and Flu-like illness
(including COVID-19)

they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.

Impetigo

their sores have crusted and healed, or 48 hours after they started antibiotics

Measles

4 days after the rash first appeared

Mumps

5 days after the swelling started

Scabies

they've had their first treatment

Scarlet Fever

24 hours after they started taking antibiotics

Whooping Cough

48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth

Glandular fever

Head lice

Tonsillitis

Threadworms

Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably; we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.

2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.

3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.

4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.

5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.

6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.

7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like for-profit stars systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WiFi enabled, for example, you can connect it to a network so that it can boost scientists' research.

8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.

9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert

Neil Aldin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



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