



# Richard Avenue Primary School

## Friday Flyer

### Weekly Update

Friday 8 July 2022

#### UPCOMING DATES

RAPS daycare: Reading Breakfast Club from 8-8:45am & Homework After School Club from 3:30pm-5:15pm

Monday 11 July

**Last week for clubs**

**Sports and wellbeing week**

Year 5 and Year 6 in PE kit please for climbing wall, caving and fencing

Wellbeing focus - Worries to wellbeing

Tuesday 12 July

Nursery, Rec and Y1 in PE kit please for a bouncy castle, ball pool, dance, inflatable assault course

Wednesday 13 July

Yr 3 and 4 in PE kit for total wipe out, inflatable assault course and boxercise

Thursday 14 July

Reception, Year 1, Year 2, Year 5 and Year 6 in PE kit for total wipe out, inflatable assault course, inflatable slide, street dance and football

Wellbeing focus—Worries to wellbeing

Friday 15 July

Year 2, Year 3 and Year 4 in PE kit for zorbi football, unclimbable ladder and golf

Wellbeing focus - Magic inside me

Monday 18 July

*Last week of the school year*

Move up morning for all classes—Y6 top secret mission!

**Please note we finish for the summer on Friday 22nd July at 2.30pm.**

#### Head Teacher comment

Dear Richard Avenue Families, I am writing this at the end of another wonderful week in school. It is non-stop as we come to the end of term. We hosted a team from *Show Racism the Red Card* in Yrs 5&6 and our Head Boy and Head Girl took Mr Old to an awards ceremony during which we picked up a plaque in recognition of our commitment to sport and health. It was lovely to celebrate these highlights and much more during this mornings' special assemblies. And, of course, your children have enjoyed fantastic lessons every day. Lots going on next week as you can see from the diary making a busy but exciting and fun-packed end to the year. Have a lovely weekend with your wonderful children with some time to recharge your batteries! We look forward to seeing everyone back to school on Monday. Enjoy the sunshine!

With very best wishes,

*Claire McKinney*

Miss McKinney and all of the staff at Richard Avenue Primary School

**RAPS assemblies.** We are all citizens of the world and our curriculum at school encourages this. In assemblies this week we have looked at what it means to be a good citizen and how we can encourage this in school. This is one of our important RAPS values – *being a good citizen*. The staff team have been awarding *RAPS values tokens* when they have spotted children demonstrating this value. We have seen lots of the children demonstrating this value in many ways such as: looking after the environment, picking up litter, being a good part of a team, volunteering, helping others, following rules and laws, taking responsibility, respecting ourselves and others and being honest, reliable and trustworthy. Winners will be announced in assembly. We have also looked ahead to Eid Al Adha and found out about the reasons why it is celebrated. If you are celebrating - Eid Mubarak!

This week's **RAPS value** has been: **being a good citizen ...**



**RAPS Assembly Stars.** Our RAPS communication stars are:

Nursery - Ruth & Noah  
Rec - Mariam & Isaac  
1 - Mary & Saarah  
2 - Gabriel & Esme  
3 - Amna & Mahmooda  
4 - Alesha & Sebastian  
5 - Zahraa & Yasaar



Well done everyone, you are all RAPS superstars!

*This week's theme for the RAPS Star is linked to last week's sculpture project and this week's 'Dare to Invent'. The focus is creativity. This could be a child who shows excellent use of imagination, is willing to try something that develops their creative side, suggests original ideas to create something, demonstrates inventiveness or shows their creative side in work in or out of school.*

**Eid Al Adha.** Eid Mubarak! Wishing you a joyous and blessed Eid UI Adha with lots of laughter and good health.



**Women's Euro 2022.** Good luck to the England women's football team who are currently competing in the Women's Euro 2022 competition, which is taking place in England. The team made a great start with a victory in Wednesday's opening match. They have worked extremely hard and showed great determination to create a strong team that can inspire everyone, particularly millions of girls, to compete in football and other sports #ComeonEngland #Lionesses

**PLATINUM STAR for RAPS!** We are absolutely thrilled to announce that once again we have been awarded PLATINUM in The School Games Mark - the highest accolade they bestow. The School Games inspires young people to be active. A huge thanks to Mr Spoors, our superstar sports guru!



**That History Bloke visits Y3.** Year 3 had a great day with That History Bloke also known as Richard when he came into school to teach us all about the Romans. We got dressed up and even played Ancient Roman games. We hope to see Richard again next year when we learn about the Ancient Greeks!



**Physical activities.** A reminder that it's our *physical activity week* next week. Lots of amazing activities are planned which we're sure children and staff will all enjoy. Please note that on the following days, please send your child into school wearing sports clothes and suitable footwear: **Monday - Year 5 and Year 6; Tuesday - Nursery, Reception and Year 1; Wednesday - Year 3 and Year 4; Thursday - Reception, Year 1, Year 2, Year 5 and Year 6; Friday - Year 2, Year 3 and Year 4.**

*Please note there may be vehicles around the school yard and gates next week as the activities are set up.*

**Science Club with Miss Scott.** This Monday we experimented with bubbles again and made bubble snakes. A few weeks ago, we looked at static electricity and made tissue paper butterflies and the other photographs are of us mixing and making unpoppable bubbles.



**RAPS triathlon stars.** A huge thank you to the eight children who represented Richard Avenue at last week's first Primary School Triathlon. All the children took part fantastically well swimming, cycling and running their hearts out. When all of the children's distances were combined, our school finished in third place. A brilliant result. **WELL DONE EVERYONE!** Special mentions to **Emma R (6C)**, who was the overall Y6 girl's



winner and to **Alec C (5M)**, who competed in the Y6 competition, finishing third overall amongst competitors a year older than him. Also when Alec's final distance was measured, he would have been overall winner in his correct year group. **CONGRATUATIONS to both Emma and Alec for your amazing achievements.** The children even had the pleasure of meeting Councillor Alison Smith, the Mayor of Sunderland. Overall, a fantastic day out was enjoyed by all!

**Sports Clubs.** To celebrate the last clubs of the year next week, **Mr Spoors and his Rugby Club (Monday), Football Club (Tuesday) and Multi-Sports Club (Thursday)** would like to invite any of the parents/carers/adults of the children who attend these clubs into school to join in some fun games including rounders, a penalty shoot-out, cricket and tennis. If you would like to join in, please come onto the yard for 3.30pm for the start of the club. Thank you for your support.

**The Community Summer Fair** takes place in our school grounds in just over a weeks time - on **Saturday 16th July, between 11am and 3pm.** There will be children's rides, a bouncy castle, street food, henna, face painting, and much, much more. We are also really excited to tell you that the Mayor will be in attendance, and will in fact be opening the fair at 11am. The countdown begins... Everyone is welcome!

It is also our **Wellbeing Week** next week and we will be completing a number of activities focusing on good mental wellbeing. We promote this in school through the **5 Winning Ways to Well-being** which we have inserted below. It would be great if you could talk to your children about these or even try out some of the suggestions.



**School meals survey.** We are always looking to improve in everything we do and we're currently reviewing in readiness for September. Towards this end, could we please ask you to click and complete the links below which are school lunch surveys for both parents and children. Could we ask you to submit your responses before Thursday 21st July? We'd be very grateful - the more responses we receive, the better. Thank you.

[Richard Avenue School Meals Parent Survey \(office.com\)](#)

[Richard Avenue Primary School Meals Pupil Survey \(office.com\)](#)

**Top attendance.** Congratulations to **4W** who have top attendance this week achieving **97.3%.**



**Weekly whole school attendance is 91.8%.**



Do you have this date in you diary?



# Community FUNFAIR

16TH JULY | SATURDAY

11AM TO 3PM

Venue: Richard Avenue Primary School

FACE PAINTING

FAIRGROUND

BOUNCY CASTLE

SLIDE

VARIOUS STREET FOOD & MANY MORE

ICE CREAM

BURGER

CAKES

HENNA

CONTACT DETAILS

0191 500 7990

[rap@schools.sunderland.gov.uk](mailto:rap@schools.sunderland.gov.uk)

It will be the social event of the summer!

# Cost of Living Support

There is a range of support available for families to help them manage a range of pressures including increased Cost of Living Pressures

## Holiday Activity and Food Programme

### Targeted Support for FSM Families

A one-off voucher for each qualifying child (£60) will be distributed via schools in July in advance of the school holidays and ahead of the planned HAF programme which will offer activities with food across the summer months.

### Holiday Activity and Food (HAF) programme

Children in receipt of means-tested free school meals and those who fall into the DfE vulnerable categories are eligible to attend the Holiday Activity and Food (HAF) programme for free. Activities will be delivered by Together for Children and a range of providers across the city from Thursday 21 July to Friday 2 September. A healthy meal will be provided at each session. A timetable will soon be made available at [www.togetherforchildren.org.uk/HAF](http://www.togetherforchildren.org.uk/HAF).

## Government Support

The government announced help with energy bills via the **Council Tax Energy Rebate**, which means households in Council Tax Bands A-D will receive a minimum £150 payment, or £170 where the household received Council Tax Support. Payments are being made automatically where the Council had confirmed details, including bank details. If you have not already received your payment, you can apply at [www.sunderland.gov.uk/article/20280/Council-Tax-Energy-Rebate](http://www.sunderland.gov.uk/article/20280/Council-Tax-Energy-Rebate).

The government confirmed in May that it will be providing additional support. Some households will qualify for more than one type of support.

**The payments below do not affect any current benefit awards and payments are being made automatically if you qualify, so you will not be asked to apply for these. Please be aware of this as there are some scams circulating linked to these payments.**

- **Energy Bills Support Scheme** doubled to a one-off £400 instead of £200 and this will not now have to be repaid. This support starts from October 2022 and comes from your energy provider.
- **£650 Cost of Living Payment for those on the following Benefits/ Tax Credits** (see grid below)

▪ Universal Credit	▪ Income-based Jobseekers Allowance	▪ Income-related Employment and Support Allowance
▪ Income Support	▪ Working Tax Credit / Child Tax Credit	▪ Pension Credit

These payments will start to be made from 14 July and will be made in two stages, with the second payment due in the autumn.

- **A one-off £300 Pensioner Cost of Living Payment** will be paid in addition to the normal Winter Fuel Payment, made in November/December.
- **A one off £150 Disability Cost of Living Payment** will be paid from September to those that receive Disability Living Allowance, Personal Independence payment, Attendance Allowance and equivalent War Pension Mobility Supplement and Armed forces Independence Payments.

[www.gov.uk/government/publications/cost-of-living-support/cost-of-living-support-factsheet-26-may-2022](http://www.gov.uk/government/publications/cost-of-living-support/cost-of-living-support-factsheet-26-may-2022) contains more details of these payments including who qualifies and payment dates.

This information is also included on <https://costoflivingsupport.campaign.gov.uk/> which also includes details of the following wider support:

- |                          |                             |                             |
|--------------------------|-----------------------------|-----------------------------|
| ▪ Supporting your income | ▪ Help with bills           | ▪ Help with childcare costs |
| ▪ Housing support        | ▪ Help with transport costs | ▪ Help finding work         |

## Local and other support

[www.sunderland.gov.uk/get-support](http://www.sunderland.gov.uk/get-support) includes details of local and national advice provision, local emergency food support and a range of other services/ schemes that may be able to help you.

The information includes what is available in each local area including locally based Voluntary and Community Sector support.

- The Council is working with VCS organisations/networks in each local area to provide some support to vulnerable households that are struggling financially and facing increased cost of living pressures.
- All support is being provided as a contribution towards these additional costs and will be based on households providing the required information. All awards are discretionary and based on available/remaining Household Support Fund (HSF2) funding. Support available in your own area is detailed in the above link.

Normally, only one HSF2 award can be made to a household between June and September, however in exceptional circumstances additional awards may be made. VCS organisations that are making HSF2 awards and the Council will have access to a shared record of all households that have received awards to prevent duplication.