

## SPIRIT OF SPORT AT RICHARD AVENUE

At Richard Avenue we use the following spirits of sport in PE lessons and in competitions.

### Teamwork

We will treat everyone equally and always support each other to help us to have fun and achieve. We celebrate each other's' success. We will be very positive team players in every sport.

### Honesty

We will be honest with each other and honest with ourselves. We will have the courage to do the right thing. We will promote fairness in every sport and situation.

### Respect

We will treat others politely and with understanding. We will respect that everyone has different abilities and also respect the equipment that we use.

### Self-Belief

We will believe that we can achieve. We will have the self-belief in ourselves to try to succeed and to give our personal best.

### Passion

We will give 100% in every sport we participate in. We will put our heart and soul into what we are doing and never give up. We will approach each opportunity with positivity and enthusiasm.

### Determination

We will keep going no matter what. We will find the strength to carry on and overcome any obstacles that may face us. We will be committed to reach our goals and to do the best we can.