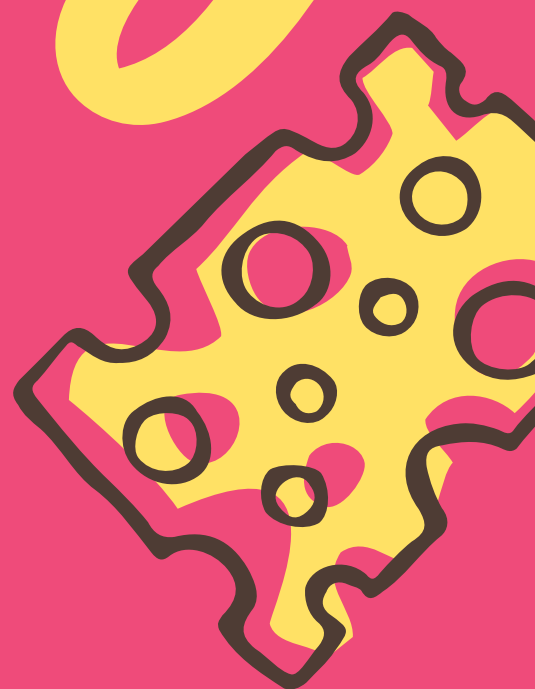


# It's *a bit* tasty



Richard Avenue Primary School

Autumn / Winter Menu

**School Meals**

Sunderland  
City Council

# Week 2

**Week 2** - week commencing:

- 28th Sept 20 • 19th Oct 20
- 9th Nov 20 • 30th Nov 20
- 11th Jan 21 • 1st Feb 21

**Drinks** - Milk, water and a selection of juice or milkshake available daily

**Vegetables** - A selection of vegetables and salad bar available daily

**Bread** - Freshly baked bread available each day

**The following additional desserts are available daily:**

Cheese & crackers, yoghurts, fresh fruit / fruit salad.

## *Meat Free* Monday

Tomato and basil pasta served with herby garlic bread fingers

Vegetable stir fry with sweet chilli noodles

Sandwich selection (cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Jam roly poly served with custard

## *Fun Food* Tuesday

Cheeseburger in a bun served in a basket with curly fries

Quorn tex mex tacos with crispy tortilla chips

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Strawberry muffin delight

## *Roast Dinner* Wednesday

Roast chicken or turkey served with gravy, yorkshire pudding and crispy roast potatoes

Sweet potato, lentil & chickpea curry served with rice and naan bread

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Fresh Fruit Wednesday (a special range of fresh fruit)

## *Best of British* Thursday

Mince & dumplings served with creamed potatoes

Home made cheese quiche served with minted potatoes

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Chocolate surprise cake served with custard

## *Fish* Friday

Fish bites served with chips

BBQ quorn fillet served with sunshine rice

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Banoffee biscuit served with milk